

## Programme of Activities

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Homeless Outreach 7am-8.30am Trinity/Michele (A2)			Homeless Outreach 7am-8.30am Trinity/Olly(WCC)		
Mindful Art 10.00-11.00 Jo	Inclusion weekly Drop In clinic 10.00-12.00 Sam Cromie	Psychotherapy Appointments 09.30-16.00 Gill	Homeless Pathway Meeting 10.30-12.30 (Monthly) Hannah	Film Club 10.00-12.30 Matthew	Cooked Breakfast Homeless and Night Shelter Provision 9-11 Staff and Volunteers
Job Club 10.30-12.00 Sarah	I.T 10.30-12.30 Ali	Hand Massage 10.00-12.30 Judith	Hairdresser Service 10.30-12.30 Monthly Julia	CBT 10.30-11.00 Niamh/Davina	
Mindfulness 11.00-11.30 Davina	The Freedom Programme 10.30-12.30 Tracey	Job Club 10.30-12.00 Sarah	LifeWise 10.30-11.30 Davina/Tracey/Jo	Mindfulness 11.00-11.30 Davina	
	Outreach/Housing Clinic 11.30-13.00 Matthew/Michele (A2)	The Royal British Legion drop in 11.30-13.00 Monthly (3 <sup>rd</sup> Wednesday) Henry	Service User Meeting 11.00-12.00 First Thursday of the Month Hannah		
Art 14.00-16.00 Ali	Empowerment 13.00-14.00 Tracey	WCC Housing drop in 13.30- 14.30 Monthly(3 <sup>rd</sup> Wednesday) Olly	Positive Relationships 13.30-15.00 Probation Referrals only Hannah/Matthew	Art 13.30-15.30 Ali	
Dual Diagnosis Counselling	Dual Diagnosis Counselling	Dual Diagnosis Counselling	Dual Diagnosis Counselling	Dual Diagnosis Counselling	
	I.T 14.00-16.00 Ali	Cooking 13.30-16.00 Sarah	Art Project Sessions 14.00-16.00 Ali		
		BEAT Eating Disorder Group 19.30-21.00 Sarah			
Healthcare	Healthcare	Healthcare	Healthcare	Healthcare	Healthcare
Nurse 11.30-12.30	G.P 10.30-12.30	Chiropodist (first Wednesday of the month)	G.P 10.30-12.30	Nurse 11.30-12.30	

Multi Agency Work

Trinity drop In

Trinity Women's Service

Homeless Healthcare provided by St Clements Surgery