



Trinity Winchester

Patron: Dame Mary Fagan JP Lord-Lieutenant of Hampshire

*Working with people who are homeless and
vulnerably housed*



Annual Review 2012-2013

Charity Registration Number: 1074604

Registered as a Company Limited by Guarantee REG NO: 3705365



Winchester
City Council
Hampshire
County Council



Winchester and District ...
Working together
for a Safer Community

The community working together and making a difference

Viscount Lifford presenting a cheque from The Cranbury Trust to Michelle Gardner and Peter North (Trustee)



Soroptimist Winchesters sponsored 82 mile walk around the boundary of Winchester raising over £4000 for local homeless charities



Michelle with Steve Brine MP at the Homeless Link Reception at House of Commons



Winchester walk for the homeless in partnership with the Winchester Churches Nightshelter



From this..... to this courtesy of Sainsbury's Badger Farm and Ed Maloney on work experience



Deborah Services (Chris Turner, Allan Carter, Steve Griffiths & Chris Dougherty) Winners of 2012 Trinity Team Challenge
Thanks to Phil Wilding of Wilding Butler Construction Ltd and Andrew Buck of Royal Winchester Golf Course

Text LIVE00 £2 / £5 / £10 to 70070 to donate now e.g. LIVE00 £5

Trinity Winchester is the Hampshire based charity providing practical and emotional support to people who are homeless or vulnerably housed. Our aim is to promote positive fulfilling lifestyles, emotional wellbeing and long-term changes for those experiencing the effects of homelessness, substance use, mental ill-health, domestic violence and social isolation.

We provide the basics including hot meals, clothing, washing facilities and a contact address, as well as opportunities to make positive long-term changes through counselling and learning. We support our service users to take positive steps towards change as individuals and as part of the wider community.

The summer of 2012 saw the fairly major organisational restructure of Trinity. It took a little while for us all to get used to the new management structure, but we are there now; the sign of a strong and committed team.

Special Thanks to
Mike Warren of Hotel Du Vin Winchester for hosting such wonderful fundraising events for us. We look forward to the next on 12th September with Sir Ian Botham

Trinity saw **810** individuals during the year, of which **60%** were people visiting Trinity for the first time. We saw an average of **63** people a day, gave advice on **2756** occasions and housing advice on **672** occasions. **91** people were found accommodation following our intervention. We ran **869** groups, classes and activities (read more about our learning programme on page 5) and **407** therapeutic sessions including counselling, complementary therapies and support groups. Much fundraising has gone on behind the scenes successfully securing multi-annual funding from Henry Smith Charitable Trust, Lloyds TSB, and the Big Lottery funding which has enabled us to open on Saturday mornings and increase our morning street outreach sessions to three a week. Some interesting developments with healthcare have taken place too, see page 6.

Charles Taylor MBE

It was with great sadness that we learnt the news of Charles' death in February 2013. Charles had been a part of Trinity for so long it is impossible to imagine things without him. Charles was our stalwart. He gave Trinity, a small local charity respectability and credibility, and had a quiet strength and integrity that made our charity strong. Charles was a one off and we will miss him.



The Management and Admin Team at Bradbury House: Sue McKenna, Hannah Scott, Sophie Davies, Lucy Tennant, Jessica Wheale, David Pople, Phil Coldham

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Bradbury House Drop-In

600 people visited our Drop-in

Including **341** new people attending for the first time

55 was the average number of people visiting our Drop-in each day

Our Outreach Team held **109** early morning sessions, seeing **55** individuals sleeping on the streets

2,603 advice sessions were held, of which **664** were housing related

91 people were helped off the streets and into accommodation following our support

Personalised Budget Pilot

The Personalised Budget project, which is funded by DCLG, has been running for over a year now (ending in Nov 13), and we are working with people who have been rough sleeping for between a few months to over 20 years, with the intention of breaking the cycle of failed tenancies and homelessness. The funding is enabling us to support people to find and sustain private lets; enrol at college with necessary equipment and materials; pay off arrears; pay for individuals to stay at the Nightshelter and other temporary local accommodation as short term measures; buy essential furnishings and fill fridges and freezers for those finding accommodation, and new clothes for people attending interviews or work. We have developed relationships with two or three private landlords which has increased the housing options for people with previously limited choices locally.

Stuart is in his thirties and has been known to Trinity for several years. He first came to Trinity straight from prison, having been homeless both before and after release. Although Stuart did find accommodation soon after release, his substance use, enduring mental health problems and offending behaviour, made it difficult for him to manage tenancies and frequently found himself back on the streets. Stuart agreed to sign up to the personalised budget project and to working closely with a keyworker. Stuart engaged straight away; he joined cooking classes and started helping out in the kitchen. We were able to work with the manager of a local B&B who offered Stuart a room; this was a very successful stop-gap, giving Stuart a positive experience of 'coming in' and a good reference which resulted in another local landlord offering him a room in a shared house. Trinity provided the rent deposit and acted as rent guarantor. Whilst working with Stuart, Trinity also worked closely with his landlord offering reassurance and support as necessary. With the ongoing support of his key worker at Trinity, Stuart has maintained his tenancy, secured paid employment locally and is making good use of the local leisure centre.

"I feel like I have really settled and sorted life out"

The Team: Steve Ray, Suzie Allen, Maxine Mason, Erica Leigh, Tracey Bell, Sandy Richardson, Julian Perkins, Steve Taylor, Frances Sainsbury, and our faithful band of shoppers

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103 women visited our service during 12/13

The Women's Service

Activities include:

Counselling, Freedom Programme, Empowerment, Serenity over 50's Group, Monday Lunch Club, Art, IT, Cookery and Hand Massage

Presenting issues include:

45% Domestic Violence/Abuse

34% Mental health problems

9% Homeless

12% Other

Who needs our service?

Sophie was referred by the Women's Refuge and has engaged at the Women's Service for the last 18 months, accessing activities including counselling, therapies and the over 50s group. Through multi-agency working, Sophie is now safely housed, financially stable and has the necessary skills to live a more fulfilling life. Through counselling (at Trinity) and engagement with local addiction services Sophie has overcome an alcohol addiction. Having found and enjoyed local voluntary work, Sophie feels ready for and is now actively seeking paid employment.

Jane was referred to the Women's Service by her mental health support worker. She was isolated and initially found it difficult to engage with staff and other clients. However, over the last year she has slowly built up her confidence through attending art, IT, the over 50s group and counselling. Jane has made new friends, has found voluntary work and is enjoying hobbies once again. Jane is seeking paid employment and for the first time in a long time, looking forward to the future.

Angela came to the Women's Service fleeing a long-term abusive relationship. She arrived in Winchester with few connections, wanting to engage in groups to meet people; the cookery class and over 50s groups enabled her to do this. She is now an active and confident member of the community. Support through the **Freedom programme** and counselling has given her the strength not to return to the abusive relationship. Angela continues to receive support to work through the issues that are the consequences of living in a long-term abusive relationship.

The Freedom Programme is a 12 week rolling programme for women (or men) who have experienced domestic abuse in all its forms. It helps women to understand that they are not alone and that the abuse is not their fault. Group sessions explore the characteristics of abusive behaviour and support women to develop ways of thinking and behaving to protect themselves, and their children, from harm.

"Very useful. The timing was right as I had just left a violent relationship. The course reinforces self esteem and shows you are not alone."

"Very informative and helpful in understanding the traits and motives of abusers."

If you feel the Freedom Programme could help you or someone you know please contact us on 01962 828632

The Team: Hannah Scott, Suzie Allen, Kate Austin, Gill Salter, Judith Stirrup, Anne Weir, Laura Ryall, Abi Gray

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Learning Programme



14 Trinity Artists exhibited at an Art Exhibition held at Pop Atelier during December with a well attended private viewing on 30th November. Many thanks to Sally Ingram for making the event possible

A chance to expand my knowledge of artists and artwork and improve my skills and exhibit my work

35 People in to paid & voluntary employment or further education

869 groups, classes, one:one and sports sessions held

42 NCFE Certificates:

Food hygiene, Art, Design & Craft, Confident Cookery, Getting started with IT Taking part in a creative group/projects, Gardening, Introduction to Teaching Literacy & Numeracy, PTTLs (Preparing to Teach in the Lifelong Learning Sector)

Jane is a young mother who has attended Trinity for some time. During this time, she has achieved NCFE accreditation in Cookery and Literacy. As her confidence grew, Jane applied to enrol on a hairdressing course at the local Adult Education college in 2012. Trinity supported Jane with her application and in funding for the course materials, equipment and outings. Additional funding was found from a benefactor who wanted to help someone with training. She has now completed the first year at level 2 and been accepted on to level 3. Jane continues to be mentored by Trinity during her course. Jane took part in the end of year open evening and was presented with a certificate for commitment and attendance.

Trinity has helped me and I like to give something back



Receiving a Certificate

Peter has worked in the UK for some time, working in catering. He has taught himself written and spoken English and is now quite fluent in both. He had been unemployed and homeless for some months, and has attended Trinity. Peter helped out in Trinity's kitchen, gained his Food Hygiene and NCFE Taking Part and attended Job Club. He now has full time permanent employment in a local pub, with accommodation.

It was wonderful to cook in an industrial kitchen, like Master Chef!

The Team: Sarah Harris and Ali Eales, Katrina Pascan, Rosie Kitchin, Ann Weir

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Healthcare

Some really important developments have taken place over the past year to improve access to healthcare for people who are homeless and vulnerably housed and unlikely to seek help elsewhere.

A Community Hepatitis C Clinic is now being held quarterly at Trinity. This is a great achievement as virtually no Trinity Hep C patients were seen at the specialist clinic, primarily because it is based in Southampton. St Clements has also been instrumental in getting the specialist nurse to attend George's, Winchester's local Drug & Alcohol Service. We are hoping to develop this further, looking at the possibility of setting up a Hepatitis C community treatment programme for those who are suitable.

706 consultations

153 people accessed
healthcare

Our GP has also started to work regularly in Georges and has been able to bring skills learnt there back to Trinity. This is enhancing our partnership working and providing a more cohesive service for individuals who use both services. Throughout the year, we have had several medical students and GP registrars sitting in with our GP and so we are playing a key part in training future doctors, raising awareness and hopefully removing stigma.

***The Team:** Dr Pauline Grant, Claire Davis, Sarah Symonds, June Murphy*



Floating Support

Our Floating Support Worker provides proactive advice and support relating to finding and maintaining accommodation for rough sleepers attending Trinity and the Winchester Churches Nightshelter through our daily morning surgeries at the Nightshelter.

Amelia first accessed Trinity two years ago, encountering difficulties as a lone-mother raising two young children, when her teenage son, who has complex needs returned to the family home. His return proved too difficult for her alone and she arranged for the father to return to the family home to care for them, whilst Amelia attempted to secure accommodation for her and her son. Things deteriorated and her son was placed into care. Amelia was left homeless. Without her children to care for, her mental health suffered and she became depressed. She started to drink excessively. She found temporary accommodation; Amelia was limited in contact with all her children, as they could not visit her accommodation. Other tragedies occurred and she became homeless again. Amelia accessed floating support, began to manage her depression and stopped drinking. Amelia wanted to find a private rent in Winchester. With help from Winchester Rent Deposit Scheme and the Personalised Budget, together with floating support, Amelia is delighted to have independent accommodation once more, especially as she can now have her children visit, stay overnight, and do ordinary activities with them like cooking a meal and watching a film.

Our floating support staff worked
with **73** individuals

***Floating Support Worker:** Maxine Mason*

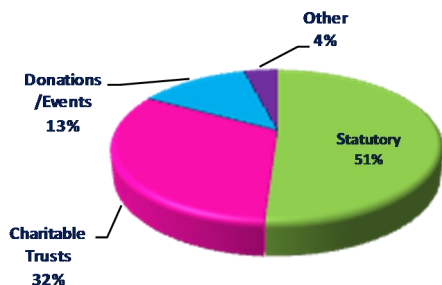
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Finance

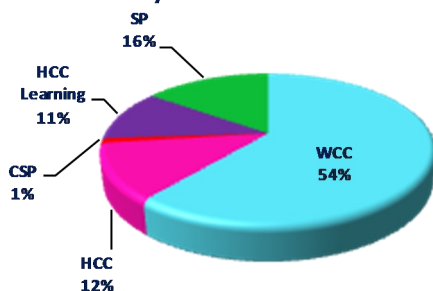
Statement of Financial Activities ending 31st March 2013

	Un- restricted Funds £	Restricted Funds £	Total Funds 2013 £	Total Funds 2012 £
Income and expenditure				
Incoming resources				
<i>Incoming resources from generated funds</i>				
Grants and donations	308,253	129,335	437,588	352,752
<i>Incoming resources from charitable activities</i>				
Contracts	-	36,456	36,456	36,456
Miscellaneous income	21,001	-	21,001	20,041
<i>Investment income</i>	342	-	342	5,620
Total incoming resources	329,596	165,791	495,387	414,869
Resources expended				
<i>Costs of generating funds</i>				
Fundraising activity	63,849	-	63,849	50,453
<i>Charitable activity</i>	238,559	178,321	416,880	470,276
<i>Governance</i>	5,989	-	5,989	5,359
Total resources expended	308,397	178,321	486,718	526,088
Net incoming/(outgoing) resources				
- before transfers	21,199	(12,530)	8,669	(111,219)
Transfer between funds	(10,505)	10,505	-	-
Net movement in funds for the year	10,694	(2,025)	8,669	(111,219)
Balances brought forward at 1 April 2012	83,780	1,153,696	1,237,476	1,348,695
Balances carried forward at 31 March 2013	94,474	1,151,671	1,246,145	1,237,476

Total Income



Statutory Income



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Fundraising Idea?

We are always looking at new and innovative ways to raise awareness and of course **money**. If you have any ideas or would like to join our Community Events Team in organising events please contact

**Jessica on 01962 842827 or
email jessica@trinitywinchester.org.uk**

Look out for forthcoming

Community Events on our website www.trinitywinchester.org.uk

We hope to see some of you at some of them!

Ever thought about volunteering?

If you think you may have some spare time and would like to **volunteer** at Bradbury House Drop-in or Women's Service , please contact

**Sue on 01962 842827 or
email sue@trinitywinchester.org.uk**



Follow us on Twitter @trinity_winch



Join us on Facebook/[winchestertrinity](https://www.facebook.com/winchestertrinity)

Text LIVEOO £2 / £5 / £10 to 70070 to donate now e.g. LIVEOO £5

Acknowledgements

We would like to thank the following people and organisations for their generous donations: Winchester City Council, Hampshire County Council, Hampshire Supporting People, Hampshire Learning, Winchester Community Safety Partnership, The Big Lottery, Henry Smith Charitable Trust, Lloyds TSB, Foundation, Cranbury Foundation, Alchemy Foundation, Beatrice Laing C/T, Clun C/T, Paul Lunn-Rockliffe C/T, St. John's Winchester Charity, Sir Jeremiah Trust Fund, Thomas Roberts C/T, Knight C/T, H&IOW Community Foundation, The Albert Hunt Trust, Sir James Scott C/T, Winchester Round Table, Winchester Charity for the Needy, 29th May C/T, Lambs Hill Trust, Saddlers Company Charity, Steele C/T, UIA C/F, Winchester City Centre Partnership—BID, Zurich Community Trust, Winchester Round Table, Denplan, All Saints PCC, Headbourne Worthy PCC, Littleton PCC, Parish Church of Somborne, Winchester Baptist Church, St Lukes, St Lawrence W/ St Swithun, St Barnabas, United Reformed Church, St Mary the Virgin Alresford, St Matthews, Crawley PCC, Wesley, Methodist Church, Winchester Diocesan Board of Finance Charity, Waitrose

Special thanks to Phil Wilding of Wilding Butler for his long term support, Sainsbury's Badger Farm for their daily supply of fresh veg, fruit and much, much more and Greggs the Bakers for their daily supply of bread and cakes, Andrew Buck of Royal Winchester Golf Club, Caroline Rubin, Ian Hamer, Liz Pauls, Jan Theodore at The Hyde Tavern, The Bangkok Brasserie, The Purbani Stockbridge, Valerie Dove, Eryl Smith, Adrienne Marsden of the Business Collective, Rachel Drewer Couture Millinery, Dave Mackie of South Hampshire branch of CAMRA (The Winchester Ale & Cider Festival), Talk Design & Print, Sally Ingram of Pop Atelier, and many more.

Regretfully we are unable to print the names of all who have kindly given support either financially or with gifts or their time; and of course some have asked not to be acknowledged however, Trinity is very grateful to all who contributed

Our thoughts go to the family of our volunteer Rosie Kitchin who sadly died this year



Board of Trustees: *Chairman* David Walton, *Vice Chairman* Peter North, *Honorary Secretary* Mike Longman, *Treasurer* Gerry O'Keefe Julia Slater, John Craig, Tanya Park, Jane Tabor

Advisory Committee: Jan Wood, Neal Hayes, Cllr Ray Love, Cllr Dominic Hiscock, Cllr Phrynne Dickens, Cllr Tony Coates, Cllr Fiona Mather, Cllr Ian Tait, The Rev Cannon Michael St-John Channell,

Legal Adviser Robert Kerr Shentons Solicitors,
Accountants/Auditors C.W. Fellowes Ltd

Patron Mrs Mary Fagan JP Lord Lieutenant of Hampshire

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The community working together and making a difference



Our stall at the Winchester Cathedral Christmas Market
Look out for us this year on 28th November



Ladies Pamper Day
27th January



Raised over £1,500
for Trinity



Winchester college boys
decorating our tree

**“The fact that I live on the street doesn’t make me
any less human”**



Brooch Making thanks to Rachel
Drewer, Couture Millinery



Adrienne Marsden & Kim Christopher
cooking lunch (and three puddings!)



Winchester Young Carers enjoy a
cookery lesson from Tom Barney, chef
at Union Jacks Restaurant, with food
donated by BOAZ at Trinity



Businesses and Charities working together through the Business Collective

Text LIVEOO £2 / £5 / £10 to 70070 to donate now e.g. LIVEOO £5

How to contact us:

Bradbury House Drop-In

Direct Access Monday to Friday
8.30am—4pm
10 am—2pm all other visitors

Saturday Opening
9am—12 for rough sleepers only
Telephone 01962 622220

Learning Project

Contact learning@trinitywinchester.org.uk or
Telephone 01962 622220

Women's Service

Direct Access
Monday, Tuesday and Wednesday 10am—3pm
Telephone 01962 828632

Head Office/Administration

Bradbury House, Durngate Place, Winchester, Hants , SO23 8DX
Telephone 01962 842827 Email dropin@trinitywinchester.org.uk
Website: www.trinitywinchester.org.uk



Rough Sleepers

If you are concerned about a rough sleeper in Winchester please contact us
Telephone 01962 842827 Email dropin@trinitywinchester.org.uk

Text LIVE00 £2 / £5 / £10 to 70070 to donate now e.g. LIVE00 £5