



# We are Trinity Winchester

We are a unique Winchester based charity that **addresses the effects of homelessness and vulnerability through our three focus areas:**

- **Support** of people's basic needs – food, clothing, laundry and bathroom facilities, and company
- **Change** via healthcare, mental health counselling, addiction support, housing advice, education, art and other therapies
- **Aspire** with our Job Club, IT skills workshops, peer mentoring, work placements

All these services are based on our **core philosophy of non-judgemental support.**

Trinity was founded in 1986, initially to provide support for people who were unemployed. As the project grew so the scope of the services provided expanded to help address the effects of **homelessness, addiction, physical and mental ill health, poverty, social isolation and domestic abuse.**

In 2009, Trinity moved to Bradbury House, a purpose-built centre on land gifted on a long lease from Winchester City Council. In 2019 Trinity expanded its services to provide housing. For the first time ever, we were able to **give someone a home**, with full support from our existing services.

**Today, Trinity works with around 650 people a year**

**We offer solutions, hope, choice and control**

**Our vision is 'Working together for better lives in our community'**

**We encourage everyone to work together to provide a safe place where people affected by homelessness and social deprivation can maximise their life chances.**

**We do this by:**

- **Creating environments and services where people feel valued and safe**
- **Being a place where people enjoy coming to work**
- **Attracting supporters who share our values**

**Our values**

**We support our clients by helping them to change their situations and aspire towards fulfilling futures.**

- **We are non-judgemental and compassionate**
- **We embrace diversity and inclusivity**
- **We empower people by helping them to build the confidence and skills to make positive changes in their lives**
- **We value our staff and volunteers**
- **We listen to and work with others**





The year under review was a successful one financially for Trinity and the results speak for themselves. However, just as our financial year was ending, so we began to experience the **unprecedented impact** of the Covid pandemic, which dramatically affected our clients and the way in which we could offer our services.

Trinity was **involved at the forefront**, working with the City Council and other local organisations to ensure that the vulnerable and people who were sleeping on the streets were quickly taken into secure accommodation, **looked after and made safe**.

Our team provided outreach services and over 100 meals a day to make sure, as far as possible, that our clients' health and other needs were met.

The response of our team has been **extraordinary**. We are so proud of them.

In October 2019 we launched our first housing project by taking on the lease of Alleyne House in Winchester. This provides accommodation for seven people, some of whom have recently been released from

prison, and gives them the support they need as they make the **transition to work and more permanent accommodation**. Thanks so much to Mark Thistlethwayte for his generosity in providing this building and for his insight and vision in wanting to help vulnerable people.

Our **UnderOneRoof@trinity** project is now underway. As I write this update, we have almost raised the £1.47 million needed to complete the build and give our residents **exceptional long-term personalised support**. The 12-unit project will provide a home for people who have experienced the cycle of long-term homelessness. By providing high quality accommodation and care, we can **make a real difference** to people's lives.

We have received grants towards the capital cost of the project from a wide range of charitable Trusts, many of whom have supported us in the past, together with some new Trusts who we hope will continue to support us in the future. The new building will be called **Bradbury View** in recognition of the generous ongoing support of

the Bradbury Foundation, after whom our current building is named.

Our contractor, Bentley Projects, is already making great progress with the build, and it is exciting to see our vision coming to life. Trinity will be able to **give people a home** onsite by June 2021.

As always, we owe so much to the relationship and support we get from our stakeholders and partners and, in particular, Winchester City Council. We are lucky to be blessed and share values with a Council that genuinely cares about providing **quality services** for those in most need.

Finally, my thanks as always to Sue, the team, my colleague trustees, our advocates and volunteers and all those who do and give so much to make Trinity such an **exceptional and highly valued charity**.

**Peter North**, Chair





## Responding to a Crisis



The impact of lockdown on Trinity and our clients was huge. Our day centre could not be open as usual to support people with the basics of food, hygiene products and support from project workers.

Very quickly we adapted our services to the situation as it developed and **Trinity2u** was created – taking our support to the people who needed it. Our staff delivered around 150 hot meals a day to rough sleepers who were housed in emergency accommodation, plus people in hostels and the Winchester Churches Night Shelter.

We also offered other services, including medical care and counselling by telephone, and provided distance learning and distraction activities to help keep people safe inside. We updated with the latest news and information, and of course remained at the end of the phone for a friendly chat and **vital support**.

### Coronavirus Emergency Appeal

Trinity was blown away by the support received during the Coronavirus Health Crisis and sends thanks to the community for donations and support in a very difficult time.

Trinity Emergency Coronavirus Appeal launched in April and raised £40,000. We received major donations from Simplyhealth, Lane Clark & Peacock and Rotary Winchester, along with support from local churches and many people in the community.

Aside from financial donations, the charity received an overwhelming amount of in-kind support from its Trinity Heroes. This included a constant supply of hundreds of microwaveable meals from COOK Winchester, weekly hot lunches from Winchester College, weekly fresh groceries from Cobbs farm shop, as well as donation collections from Rotary Winchester, the University of Winchester, Brewin Dolphin Ltd and many, many more.





The last year has been one we will all remember and many will want to forget. During these unprecedented times we welcomed innovative change, including the **'Everyone In'** government initiative to house all rough sleepers in temporary housing almost overnight.

Trinity started out this year with a busy schedule. We have supported **over 600 clients** and have been able to provide a wide range of activities and healthcare because of the generosity and belief of our funders and army of loyal supporters. **We could not do this without you.**



At Trinity during lockdown we witnessed greater community spirit, and we succeeded during what could have been a potentially devastating time for us as a charity. We can clearly attribute this to the urgent, timely and practical support from local businesses, schools, churches, community groups and the City Council. In summary, Winchester at its finest and **working together for better lives in our community.**

Of course, there was fear, confusion and trepidation. For over 30 years Trinity has provided a frontline service. **We work with people.** We're used to human contact, direct access to services and face-to-face communication. So we were forced to **adapt** our services with immediate effect. Our **remarkable team** of Trinity staff, volunteers and trustees created a wonderful sense of camaraderie to provide vital services to our clients, many of whom already suffer social isolation.

Special thanks this year must go to Hannah Scott for leading the front-line services through an unprecedented year of change and also to Paul Williams, our Development Manager who has worked relentlessly to bring in a successful fundraising campaign for UnderOneRoof@trinity.

**Thank you for all your help and support – you are truly inspirational.**

We are delighted to see our future unfolding with the commencement of construction on our current site. This project will provide quality housing with wrap-around support to give our clients everything they need under one roof.

Alongside, we are making plans to deal with whatever comes our way with expected increases in homelessness and a deterioration of mental health for many.

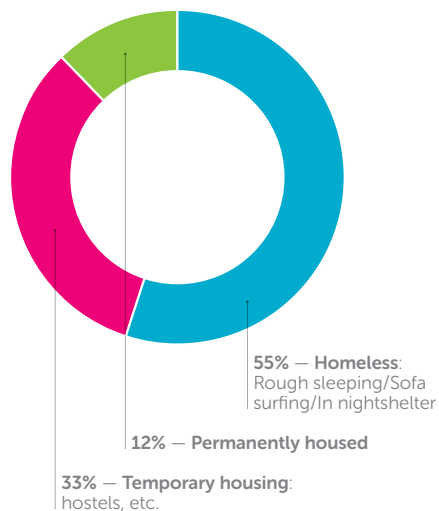
**Trinity will continue to move forward** with wisdom, enthusiasm and a cautious air of pride.

**Sue McKenna, C.E.O.**



This year more than ever we have seen how important it is to provide the **basic human needs** for people. Clean clothing and hygiene products, along with food and some form of human interaction are all vital in **keeping people safe** during the pandemic. With Trinity2U we supported those in emergency accommodation during lockdown and delivered around 150 meals a day, along with distraction packs and phones, to ensure they stayed inside and stayed healthy. Our trained and experienced staff visited regularly, and our counsellors offered vital telephone support.

## HOUSING STATUS OF TRINITY DAY CENTRE CLIENTS



Now that we are opening the doors at our day centre once again, we continue to provide the **foundations of support** for the most vulnerable.

And in partnership with local organisations our Outreach Navigators focus on rough sleepers in the community. These people are often the hardest to reach and in greatest need. We offer hot drinks, advice, signposting to key agencies and **encouragement** to engage with our Drop-in Service.

**“Thank you to Trinity for being there when everything in my world changed overnight”**



Food

Shelter

Safety

Clothing

Showers

Laundry

Crisis intervention

Postal address

Company and conversation





Shortly after the coronavirus lockdown began, Geoff lost his job and then his flat. He had been rough sleeping for several weeks, having to adapt and shelter himself in the demanding and risky world as it currently is.

For support through this time, Geoff has been coming into Trinity every day for food, washing, and personal development. It has been incredible to see him remain so positive and resilient during what would be a life-changing and demoralising time for so many.

There have been times when Geoff has clearly been stressed and tested, but he has kept his composure, showing true strength in the face of adversity. As a result of his efforts, and with the support of Trinity staff and Winchester City Council, Geoff has successfully moved into a flat in Winchester. Trinity staff found him furniture and a TV to make it into a real home, and we continue to work with him to help him maintain his tenancy. And we are so pleased that he has now returned to work on a construction site, wearing the hard hat and work trousers that Trinity bought him for his first day.

A large background image on the right side of the page showing a man in profile, looking down with a thoughtful or somber expression. He has dark hair and a light beard, and is wearing a grey long-sleeved shirt and blue jeans. His hand is resting on his chin.

**"Lockdown was a frightening time and Trinity made me feel safe"**

## Change – Taking the Next Steps



Trinity's Women's Service provides a range of support services specifically shaped and designed with women's needs in mind. We provide **a safe haven** where women can be **listened to and supported** to make positive changes in their lives. The confidential service is provided from a separate area in our building and offers a **calm environment** away from the hustle and bustle of the Drop-In centre. We host the nationally recognised Freedom Programme for people experiencing domestic abuse, provide individual counselling sessions, therapeutic support groups and an extensive learning programme.



## PRESENTING ISSUE

Many of our clients present with multiple issues

47% – Mental ill health

42% – Substance use

25% – Domestic abuse

Healthcare

Therapeutic groups

One-to-one counselling

Trauma informed care

Support for drug and alcohol addiction

Tenancy advice

Mindfulness

Co-Production Board with clients  
helping shape Trinity services



**"I felt so empowered after completing the Freedom programme at Trinity that I now volunteer as a peer mentor in their Women's Therapy Group"**



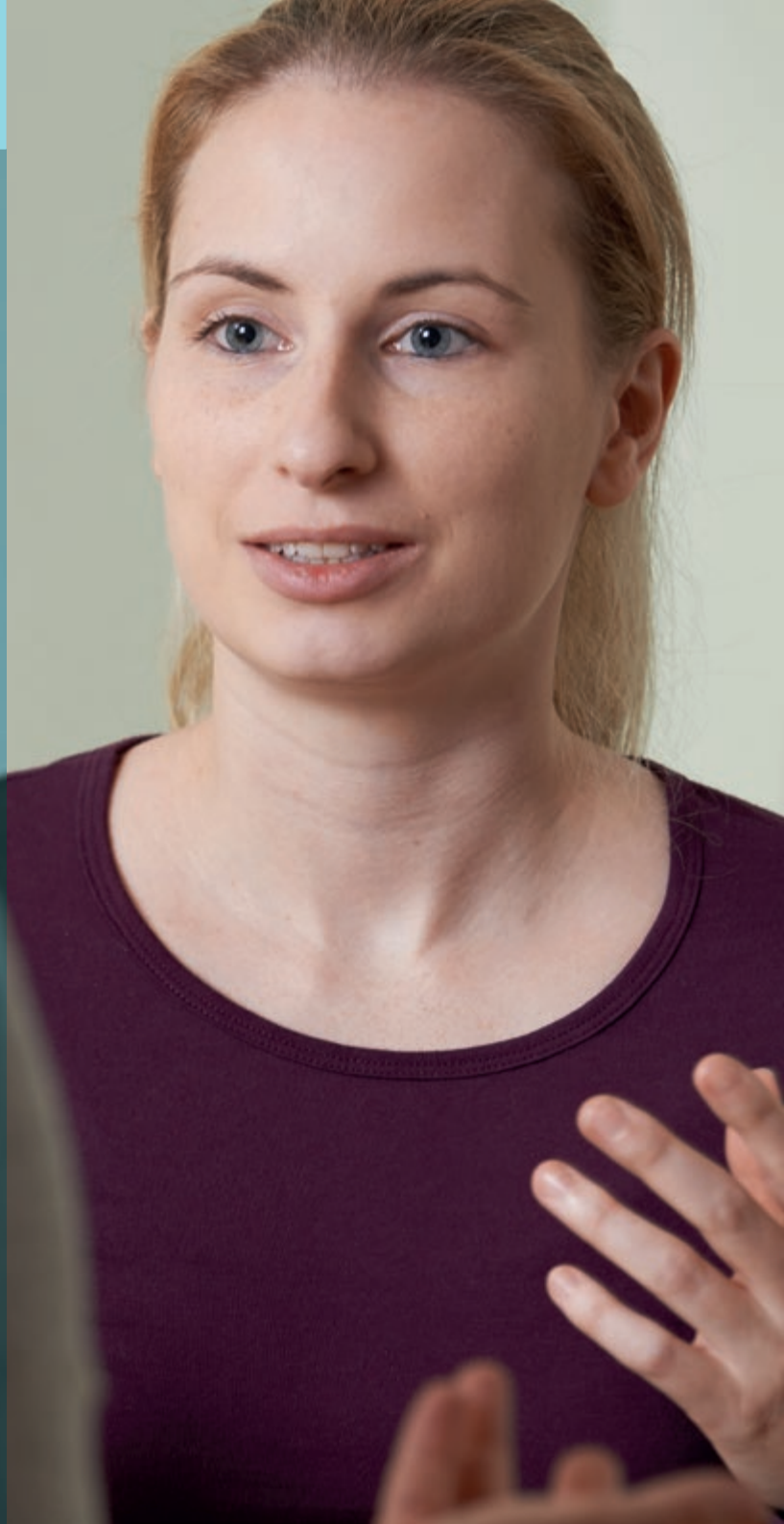


Carol recently finished 18 weeks of one-to-one counselling.

During her final session and whilst reflecting, Carol said she felt that the counsellor had given her the strength to enable her to work through some of her darkest moments and see that there was hope to be had when looking to the future.

Carol said she hadn't felt able to move on from some of the experiences she has had, but counselling had shown her that she has the skills and the ability to make her life what she wants it to be.

With this in mind, Carol wanted to give something back to Trinity by supporting other women and she is now a peer lead in our Women's Therapy Group and is looking to train to be a counsellor herself.





Working in partnership with local companies, our Job Club runs training in interview skills and techniques, cv writing, job search training and how to use the government gateway website to **prepare clients for returning to work**.

And now, for the first time, we are able to give **people a home**. We have Alleyne House in Winchester and soon we will have our on-site accommodation – UnderOneRoof@trinity.

Along with our partners we share a **common goal to end the need to rough sleep by 2023**. Our learning programme and supported accommodation provision will have a **direct impact** on that goal.

Accommodation

Gaining new skills

Returning to work and being independent

Employability skills via our Job Club

IT skills

Art groups

Work placements

Peer mentoring

Outings to workplaces, galleries etc



## Jane – Building a Better Future



Jane has attended Trinity since finding herself homeless owing to a family breakdown. She was offered a bed at the night shelter and used her time at Trinity to gain IT qualifications and attend Art and Employability classes.

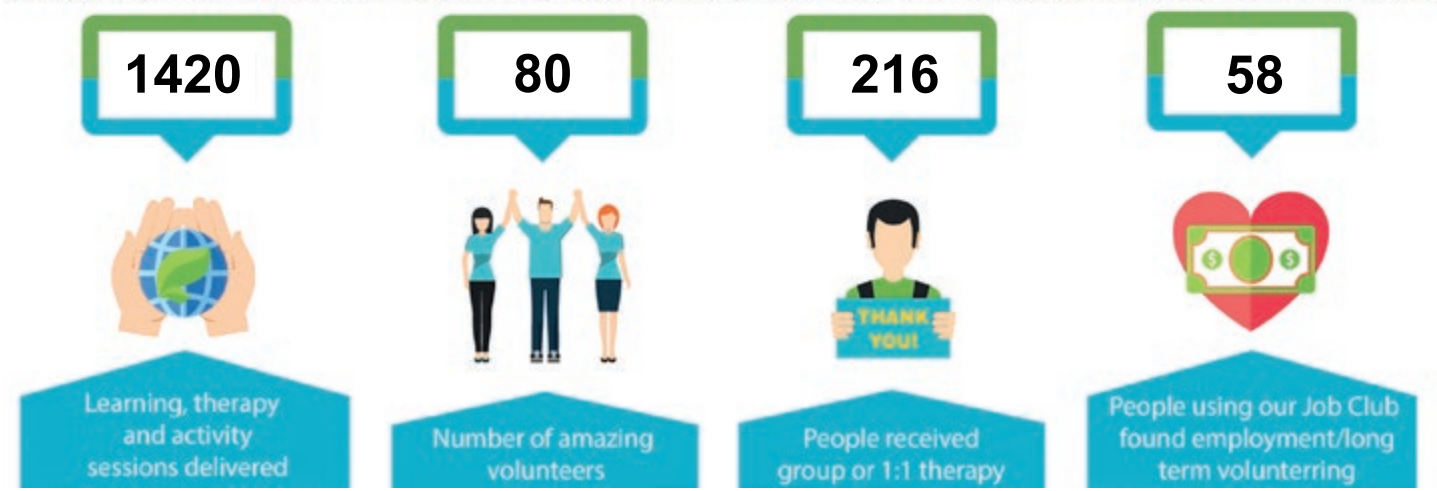
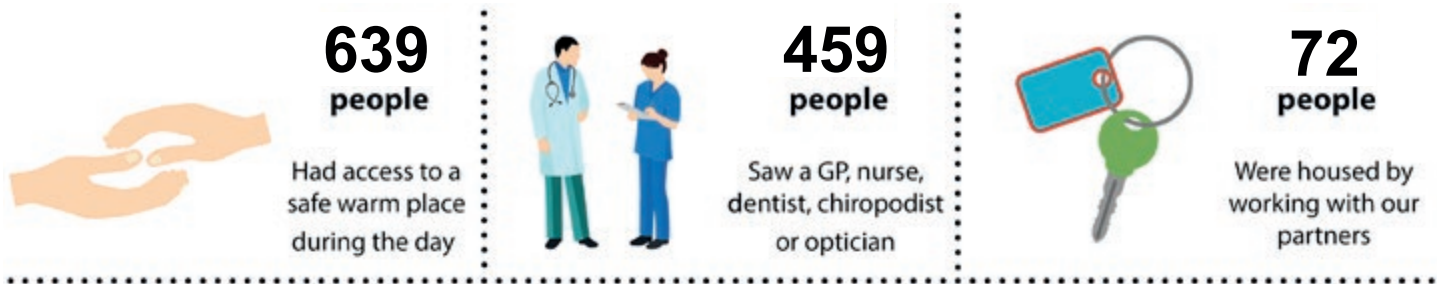
After Jane obtained several certificates of learning, she felt ready to re-enter the workforce. To regain her confidence she asked if she could volunteer at Trinity. She was offered a voluntary position in the kitchen and became an invaluable member of the team. She was reliable, enthusiastic and very hard working. This work ethic resulted in her being offered a cleaning position at Trinity, which she embraced. It was wonderful to be able to see the progress that Jane had made.

With the work experience she gained at Trinity, Jane has now left to pursue her ambition of a career in retail which is a fantastic step and has even moved into a home of her own.

This positive journey has shown what can happen when you push for your dreams to become a reality with a little help and encouragement along the way.





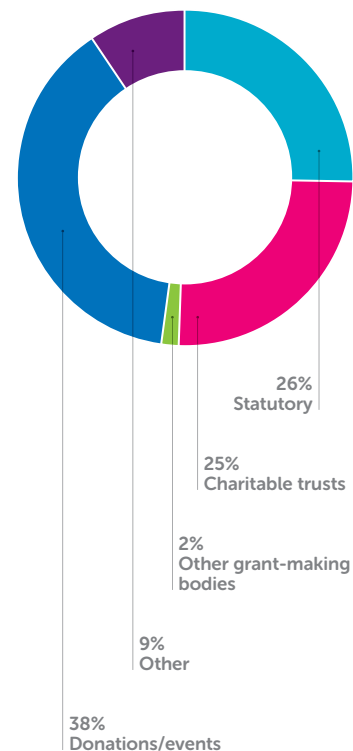




## Statement of Financial Activities ending 31 March 2020

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £	Total Funds 2019 £
<b>Income and expenditure</b>				
Income from:				
<b>Donations and legacies</b>				
Capital appeal	–	127,894	<b>127,894</b>	7,487
Other grants and donations	318,844	110,294	<b>429,138</b>	415,025
<b>Charitable activities</b>				
Grants and contracts	–	28,549	<b>28,549</b>	27,895
Miscellaneous income	40,684	–	<b>40,684</b>	48,053
Investments	6,656	–	<b>6,656</b>	5,109
<b>Total income</b>	<b>366,184</b>	<b>266,737</b>	<b>632,921</b>	<b>503,569</b>
Expenditure on:				
Raising funds	65,725	4,484	<b>70,209</b>	69,594
Charitable activities	297,831	138,425	<b>436,256</b>	400,397
<b>Total expenditure</b>	<b>363,556</b>	<b>142,909</b>	<b>506,465</b>	<b>469,991</b>
<b>Net movement in funds for the year</b>	<b>2,628</b>	<b>123,828</b>	<b>126,456</b>	<b>33,578</b>
Balances brought forward at 1 April 2019	136,781	1,667,252	<b>1,804,033</b>	1,770,455
Balances carried forward at 31 March 2020	139,409	1,791,080	<b>1,930,489</b>	1,804,033

## TOTAL INCOME





In 2019 Trinity welcomed its **first ever residents** into supported accommodation provision at Alleyne House.

We have **successfully housed 11 residents** since the building opened in late 2019, four of whom have now moved on into their own long-term accommodation.

The building offers seven self-contained flats, providing **secure and high-quality homes** to those who are looking to move on into independent accommodation. They are supported by a

live-in Supervisor and our specially trained Housing Support Officer.

As well as offering support in managing a tenancy, we provide training opportunities to support people into employment. As a perfect example of the ethos behind Alleyne House, one of our residents is now a health and safety representative working alongside our staff team in managing all aspects of health and safety. Two other residents have held voluntary positions to gain work experience, and another is looking to return to college.

**"If it hadn't been for the accommodation and support provided by Trinity after I left prison, I almost definitely would have re-offended"**







In **Spring 2021** Trinity will open a new chapter in its 34 years of supporting homeless and vulnerable people in the Winchester area by providing on-site accommodation for the first time.

**UnderOneRoof@trinity will provide 12 flatlets** for people who have complex needs and histories of repeated homelessness. The eco-friendly building will be named Bradbury View and will be situated on the edge of the beautiful Winnall Moors Nature Reserve, providing a **peaceful, stress-free environment** that nurtures change.

Housing First principles show that providing a roof over people's heads has a direct and immediate effect on their physical and mental wellbeing – giving a **strong base** to address other vital issues.

The flatlets have been designed in a psychologically informed way to provide the basis of a fully supportive environment. Each flatlet has an ensuite bathroom to provide privacy for residents as well as hygiene safety during any future potential health crisis.

There will be a communal kitchen and lounge area along with a therapy room

and nature garden. Residents will be offered individualised **person-centred** support to help them get their lives back on track and move towards successfully living independently. Activities, therapies, education and treatment will be delivered by our trained Housing and Homelessness Practitioners and healthcare specialists.

UnderOneRoof@trinity will enable those people in most need to live on our site rather than return to the street when we close for the day. It will give them a **safe space and individualised support** to address the underlying issues that have led to them rough sleeping.





## Black Tie Dinner

In October 2019 Trinity welcomed 160 guests to its annual Black Tie Dinner, including our Patron, Lord-Lieutenant Nigel Atkinson, and local businesses from Paris Smith to Trinity Rose. Guests were amazed



by the close-up magic of Colin Phillips, before Abba's Angels brought everyone onto the dance floor.

The live auction included prizes ranging from tickets to the British Open Golf at Royal St George's, to a spectacular villa holiday in Majorca.

Along with the raffle, silent wine auction and ticket sales, an amazing £20,000 was raised in the evening and Trinity thanks all the supporters and local businesses who donated to the evening.



## Virtual Events

Owing to the coronavirus health crisis we've been unable to host our annual events such as Trinity's Big Sleep Out and Black Tie Dinner. Instead, we asked our supporters to get involved virtually through fundraising and raising awareness of our work.

Trinity's Big Sleep In encouraged supporters to build cardboard shelters to sleep out in their homes and gardens. Richard Spalding, President of Winchester Rotary, raised over £1,800 and our long-term supporters Ridge LLP raised £500 to support Trinity.

Our long-term supporters Capsticks Solicitors took on Trinity's 10K Challenge, running laps of their own homes and gardens, and raised £2,500 to help ensure that we can continue to deliver our vital services and help people to get off the streets – and stay off them.



## A Merry Little Christmas

The beautiful Winchester College Chapel was the setting for a programme of light-hearted Christmas entertainment courtesy of the stunning Ex Collegio, a group of Winchester College choral scholars.

The evening was complemented with speeches centred around our work within the community on behalf of our Vice-Chair, Amelia Ashton, and ending with mulled wine and mince pies served in the historic school buildings.

The evening was truly magical and raised over £4,000 from ticket sales and donations.



## Trinity's Firewalk

In February over 50 fearless fundraisers were offered the ultimate challenge to walk 15ft across hot coals at a temperature over 1000 degrees to support local homeless people.

Local companies including Lane Clark & Peacock, Capsticks, HCC, Fyffes, Elementel, HJS and Hyphen Architects helped raise £11,000 to support our services. We'd like to express our thanks to all who took part and the volunteers who made the event possible.



## Challenge Events

Six daredevils, including our own Complex Needs Navigator Niamh Penman and Vice Chair Amelia Ashton jumped 10,000ft, reaching a speed of 125mph and free falling for approximately 60 seconds! Together they raised over £6,000 to support the crucial services Trinity provides each week.

## Personal Fundraisers

Callan and Cara ran a mile a day, equating to the total length of a marathon, raising over £500 to support Trinity. They travelled across the country over the summer, taking on the challenge in a variety of locations from Portobello Beach in Edinburgh to Ullswater Lake. Amazing!



Sarah Robinson, Consultant at Lane Clark & Peacock shaved off 20 inches of her hair raising over £2,000 to support Trinity. We thank Sarah and everyone at Lane Clark & Peacock for their continued support.

Jon Flynn spent the 25 days of Christmas running cumulatively a mile a day, raising over £5,000. Jon ran one mile on 1 December, two miles on 2 December, and so on until he ran 25 miles on Christmas Day, making an impressive total of 325 miles in total.





Trinity provides services to enable people to improve both their physical and mental health wellbeing. Over the last year **459 people accessed our in-house healthcare** appointments and **over 216 people engaged in some form of therapy** at Trinity.



### Counselling ONE DAY AT A TIME

One-to-one and group support delivered by Trinity's trained expert counsellors includes Positive Minds, a bespoke course developed by Trinity based on cognitive behavioural therapy.

### GPs HEALING AND HELPING

Our partnership with St Clements Surgery offers GP and Nurse sessions four mornings a week exclusively to homeless patients who are often not able to register with a practice and have conditions exacerbated by their lifestyle.

### Dentaid GIVING PEOPLE BACK THEIR SMILE

Having a healthy smile can really improve someone's self-esteem. The Dentaid bus visits Trinity every month to provide check-ups and emergency treatment to our clients.

### Optician HELPING PEOPLE SEE CLEARLY

An NHS optician regularly visits Trinity offering clients free eye tests and prescription glasses.

### Chiropody PUTTING YOUR BEST FOOT FORWARD

Rough sleepers can be vulnerable to trench foot. We provide clean, dry footwear and a monthly chiropodist service to treat and advise clients.

### Mindfulness and Yoga INSPIRING INNER PEACE

We can help clients become more aware of their thoughts and feelings so they are better able to manage them. We create a relaxing therapeutic setting and clients tap into their creative skills with mindful art and drawings.

### Eating Disorders GETTING HELP NOW

Eating disorders often involve complex, co-existing issues. We hold evening support groups and signpost people to information about other support organisations.

### Health Awareness HEAD TO TOE

Monthly sessions provide help and advice on smoking cessation, healthy eating and sexual health, and include a man-to-man talking group.

## Acknowledgements



Our thanks and appreciation for the long-term support and generous donations go to the following:

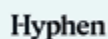
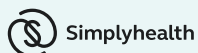
Winchester City Council  
Hampshire County Council  
Hampshire Achieves  
Nationwide Community Benefit Fund  
Lloyds Bank Foundation  
Sobell Foundation  
The Broyst Foundation  
De Laszlo Foundation  
Knight Charitable Trust  
Balcombe Charitable Trust  
Kinsbourne Trust  
LCP Foundation  
Simplyhealth  
Thomas Roberts Trust  
Ladies of the Grail  
Mind  
Saddlers' Company Charity Fund  
Winchester Welfare Charities  
MSE Charity  
Gwyneth Forrester Charitable Trust

Special thanks also to our local supporters Winchester Cathedral, The Holiday Inn Winchester, Lane Clark & Peacock, Winchester College, Capsticks, Simplyhealth, Winchester Rotary, University of Winchester, Cobbs FarmShop, COOK, Fyffes, Winchester School of Art, Rick Stein, Picaramba, Greggs, Gallagher, Beachcroft, Kier Highways, Elanco, Paris Smith, Sainsbury's, Tesco, Marks & Spencer, Pret A Manger, Abel & Cole, Skanska, Waitrose Winchester, Aldi, The Body Shop, Winchester Farmers Market, FareShare, UK Harvest, Winchester Soroptomists, Hyphen Architects, Ridge and Partners, Nationwide Building Society, Hampshire Media, Winchester Rotary, Jeremy France Jewellers, Josie's, Brewin Dolphin, Pro Vision, Mott MacDonald, Royal Winchester Golf Club, Winchester BID and to all the shops who display Spare Change for Real Change collection boxes.

And finally thank you to our army of loyal volunteers who help with cooked breakfast for rough sleepers on Saturday mornings, Job Club advisors, women's services, counselling, kitchen helpers, fundraising events, hairdressing, gardening, art, advocacy;

Jules Perkins, Phil Doherty, Marilyn Fletcher, Tom Watson, Gill Young, Jenny Farthing, Nicola Butcher, Helena Starszkiewicz, Annabel Peters, Tony and Sarah Boas, Jonathan Greatrix, Annabel Dixon, Jacqui Squire, Anne McIvor, Caroline Cochrane, Jane Mahy, Leona Mahi, Lynn Hitchman, Emma M, Charlotte Meir, Janet Meir, Quintin Keanie, Kay Lewis, Lucy Gray, Becky Burgess, Debbie Kyle, Brenda Calnan, Vicki Hastings.

And to our dedicated shoppers who collect and drop off supermarket food every morning, in all weathers. Sadly, we can't list every person who has supported us this year. We are very grateful to you all.



### Patron

Nigel Atkinson Esq HM Lord-Lieutenant of Hampshire

### Board of Trustees

Peter North (Chair), Amelia Ashton (Vice Chair), Gerry O'Keefe (Treasurer), Frances Griffiths, Paul Murray, Sue Broadbent, Dr Alex Fitzgerald-Barron, Leanne Smith, Sam Jones, Alastair Barron

### Advocates

Dr Penelope A L Gordon, The Revd. Philip Krinks, Simon Hayes, Louise Harfield, Professor David Warwick, Liz Trevor, Josie Latouf, Christine Atkinson, Fiona Coulter, Jane Hands

### Trinity Winchester Supported Housing Ltd Board

Philip Raw (Chair), Andrew Thompson, Gerry O'Keefe, Peter North, Leanne Smith, Sue Broadbent

### Management and Staff

Sue McKenna (CEO), Hannah Scott (Operations Director), Sharnna Carter (Events & Community Manager), Paul Williams (Development Manager), Niamh Penman (Complex Needs Navigator), Sophie Dickinson (Complex Needs Navigator), Ben Woodward and Kerry Neale (Housing & Homelessness Practitioners), Emily Stenlake (Co-ordinator), Tania Smith (Assistant to CEO), Ben Martin (Out of Hours Supervisor), Kate Pettifer (Chef), Diana Traill (Finance), Ali Eales (Freelance Tutor)

### Healthcare Team

Dr Helen Webb, Dr Alex Fitzgerald-Barron and Nurses  
Claire Davis and Sarah Symonds

Our thanks to all those who took part in the photo session.

Quotes are not attributable to the people in the photographs.



### Accessing our Services

If you are in need of our support, or would just like to talk to us, please either drop in during opening hours or call 01962 622220

### Opening Hours

Monday to Friday	8.30am – 4.00pm
Saturday morning	9.00am – 11.00am (rough sleepers only)
Group activities	10.00am – 4.00pm
Women's Service	10.00am – 3.00pm (Monday to Wednesday)

### Contact Us

Drop In	01962 622220
Main Office	01962 842827
Email	dropin@trinitywinchester.org.uk

[www.trinitywinchester.org.uk](http://www.trinitywinchester.org.uk)

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WinchesterTrinity

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