



trinity
winchester
support change aspire

Annual Review 2020–21



Making a real impact
Changing lives



We are Trinity Winchester

We are a unique Winchester based charity that **addresses the effects of homelessness and vulnerability through our three focus areas:**

- **Support** of people's basic needs – food, clothing, washing facilities and a safe place with company
- **Change** via healthcare, mental health counselling, addiction support, housing advice, education, art and other therapies
- **Aspire** with our Job Club, IT skills workshops, peer mentoring, work placements

All these services are based on our **core philosophy of non-judgemental support.**

Trinity was founded in 1986, initially to provide support for people who were unemployed. As the project grew so the scope of the services provided expanded to help address the effects of **homelessness, addiction, physical and mental ill health, poverty, social isolation and domestic abuse.**

Trinity moved into Bradbury House, a purpose-built day centre, in 2009, built on land granted by Winchester City Council. In 2019, we expanded our services to provide accommodation for the first time, taking on the management of Alleyne House, in partnership with the former High Sheriff, Mark Thistlethwayte. In June this year, we have taken a huge leap forward again to build Bradbury View, which consists of 12 flatlets built on the back of our existing services, situated on the beautiful Winnall Moors. We are now able to give 20 people **a place to call home**, with full support from our frontline team who are based on site.

Today, Trinity works with around 650 people a year

We offer solutions, hope, choice and control



Our vision is 'Working together for better lives in our community'

We encourage everyone to work together to provide a safe place where people affected by homelessness and social deprivation can maximise their life chances.

We do this by:

- Creating environments and services where people feel valued and safe
- Being a place where people enjoy coming to work
- Attracting supporters who share our values

Our values

We support our clients by helping them to change their situations and aspire towards fulfilling futures.

- We are non-judgemental and compassionate
- We embrace diversity and inclusivity
- We empower people by helping them to build the confidence and skills to make positive changes in their lives
- We value our staff and volunteers
- We listen to and work with others





The year under review ending in March 2021 presented a whole range of complicated problems that we had never faced before. The Covid pandemic took over our lives at the same time as we were building our new housing project and preparing it for occupation.

It is therefore with a sense of pride in and gratitude for our **extraordinary team** that I can report that during this most difficult year that we achieved an exceptional result. I believe Trinity has never been in such a strong position. Credit in particular to our fundraisers whose imaginative and creative response during the pandemic enabled new **sustainable sources of funding** to be found, and our frontline team who are just brilliant. They kept the essential services going and **ensured continuity** of care for the city's vulnerable whose needs often increased during the Covid lockdowns.

The UnderOneRoof@trinity project, Bradbury View was completed in less than 7 months build time by our excellent

contractor, Bentley Projects and our professional team led by Hyphen Architects and Ridge Consultants. The project

is **highly sustainable** built with SIP (structurally insulated panel) construction and with full solar power generation. Since completion we have had innumerable visits and compliments paid confirming what a special, **unique project** we have created. I would highlight a visit from the Secretary of State for Housing and Communities who took a highly informed interest in the project and subsequently confirmed how impressed he was.

The new building is now full of tenants who were all previously homeless and the positive feedback they give us about the hope they now feel – **comfortably housed and supported** – is truly heart-warming. We are now in the process of integrating a range of new services to meet the often complex needs our residents present with. A group of staff and trustees has been established to explore how we can now provide and finance “move-on” accommodation as a progression. We are also investigating creating a social enterprise to keep tenants busy and engaged during the day and where job skills can be learned for future employment prospects.

On a slightly sadder note, Gerry O'Keefe will be retiring from the board having stepped down as Treasurer at the end of the year under review. Gerry's contribution to Trinity over the past 10 years through financial thick and sometimes thin has



been exceptional. We couldn't have done without his common-sense, financial wisdom nor, dare I say, his extraordinary cake making expertise.

We bade a fond farewell to Leanne Smith, former board member, and Emily Stenlake, Leanne Christey-Eade and Sophie Dickinson, project workers who worked tirelessly throughout lockdown to support our clients.

My thanks to all our stakeholders and supporters in particular Winchester City Council with whom we enjoy an **excellent close partnership**. Also, those generous funders who support us with revenue and whose capital contributions helped make UnderOneRoof@trinity a reality. Sue, the team, the volunteers, my co-trustees, and the directors of our supported housing subsidiary are a true joy to work with. They create and we are truly blessed with a **positive, happy, and welcoming culture**. This energises all that we do and rubs off on all who we work with.

Peter North, Chair





For many of us, the **ending of the pandemic** restrictions has been a happy time. A time to re-unite with loved ones and to start to live a normal life again. But, for an increasing number, it brings with it the new threat of homelessness. It could be a young person leaving the care system or someone who lost their job in the pandemic and can no longer afford their rent. It could be a woman fleeing an abusive partner.

Trinity is aware that the longer someone experiences rough sleeping, the more likely it is they will develop additional **mental and physical health needs**, substance

misuse issues and have contact with the criminal justice system. The more complex needs someone has the more help they will need to move on from homelessness. This is why it's so important that people sleeping rough are **connected** to local support services as soon as possible. This is where Trinity has a vital role to play.

After the period of lockdowns where we saw our services transform overnight into **outreach-based support** including learning packs, food, facilitating phone consultations with health services, online counselling to name just a few, it has been exciting to be able to re-open our building

and welcome people back. **All our services are now face to face** and we have developed a brand-new programme of activities to help kickstart people's journey towards **recovery, employment and well-being**.

Our focus for the year ahead really is to support all our clients to discover and reach their potential with the help of our specialist staff team and access to a broad range of both **therapeutic and practical** interventions and activities.





After a period like no other, we now find ourselves in the recovery phase. This year has been both reactive and proactive, a time to pick up the pieces of the pandemic, lay down plans for our future and consolidate our strategy. In many ways, we are now **more resilient**, we have survived tough times, managed “the unknown” and proved that we can be **sustainable**. Having said that, this could not have been achieved without the continued support of our **wonderful community, our amazing volunteers and of course, our funders** who have given us the comfort of knowing they will stand by us, no matter what comes our way.



You will recall the Government announcing the ‘Everyone In’ initiative, which provided emergency accommodation for all rough sleepers to be assisted off the streets during the pandemic. This provided us the opportunity to work even more closely with clients and make sure their needs were being met during these uncertain times. With some **careful planning and foresight**, we were able to ease the ending of emergency housing for rough sleepers in Winchester, by completing the construction of our new housing project in a timely manner, making it possible to be able to offer a **brand-new home** to those who were leaving the emergency provision. Overnight, all rooms in the new project, Bradbury View, were filled. We had planned to stagger the moves into the flatlets but as it happened, the immediate demand overtook any well thought out plans. It has certainly brought the place to life, there is a warm, cosy buzz about the place, and 12 people have a lovely new **safe place to call home**.

Remarkably, we have still supported over 600 clients during the year and expanded our services to provide 20 units of accommodation. This is a first for us, and we are pleased to now have an all-round

service provision, giving rough sleepers **hope and a future** – from the streets to independence. We are now a **24-hour service, 365 days** of the year.

When we look back over the past year, it is humbling to recognise our achievements, which could only have been made possible by having the most hard-working, loyal, and professional staff team around us. Special thanks to all of you. You are truly **dedicated to the core**, sometimes working in the toughest conditions but always wanting to make a real difference, and you do!

As we move forward with a renewed confidence, we look forward to the ongoing challenge of alleviating the need to ever sleep on the streets, and we have **high hopes and ambitions** to provide further housing and support.

Thanks to everyone who shares our passion to make a difference to people's lives – because we really do!

Sue McKenna, C.E.O.





Both within our new housing provision at Bradbury View and our day service we are seeking to **support** people back to health, into housing and to help them meet the basic care needs with food, shelter, and access to our health services.

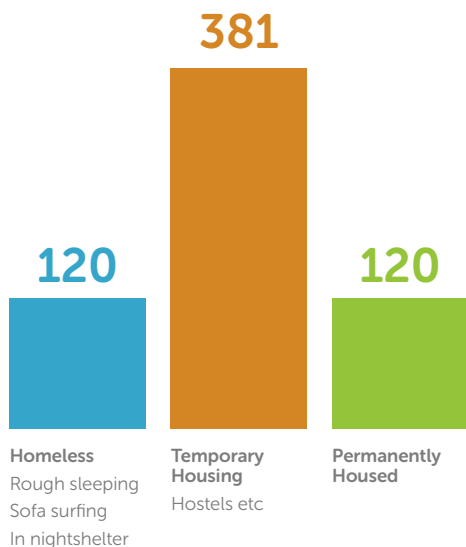
We offer our service to anyone in need of **crisis support** and encourage them to work alongside an assigned support worker to tackle the obstacles that need to be overcome in order to move forward to an **improved standard of living**.

During the pandemic our healthcare team was quick to provide all our residents and clients access to the Covid vaccination

programme, **keeping them safe** and making them feel more protected during this uncertain time.

During the final months of Covid restrictions, we continued to support all those that were placed into emergency accommodation with food, access to health services, learning and mental health support. We also worked with them to arrange **secure housing** with many being housed in Trinity's Alleyne House or Bradbury View.

HOUSING STATUS OF TRINITY DAY CENTRE CLIENTS



Food

Shelter

Safety

Clothing

Showers

Laundry

Crisis intervention

Postal address

Company and conversation

Steve's Story



Steve came into our new accommodation Bradbury View after being offered emergency housing during the pandemic. He's been unable to maintain previous tenancies due to a heavy dependency upon substances and the chaotic behaviours attached to that. Steve has often expressed a desire to "knock it all on the head" and return to employment and reconnect with family. He wants to be able to embrace the therapies and support on offer and look at how to overcome his addiction.

Steve has lived at Bradbury View now for 8 weeks and has been able to come off all class A drugs and has worked alongside his GP to better manage his prescribed medication. He now collects them daily to avoid the temptation of misusing them.

As part of the support he has been offered we talked to Steve about what motivates him and he shared his keen interest in gardening and being outdoors. He is now the proud owner of several plants and is responsible for maintaining the lawn and patio in the communal garden. He says how calming it is to be in the garden, and how it helps him to manage the cravings of addiction.

One of the negative side effects from withdrawal is not being able to sleep and Steve has been finding this a real battle. We were able to provide some auricular acupuncture that is proven to help with withdrawal as well as anxiety, depression and sleep related issues. He has had two sessions of this now and is already feeling the benefits of learning how to create a better pattern of sleep and setting a bedtime routine.

Steve's next steps are to reduce his dependency on his prescribed medication and to start looking at developing some skills such as cooking and budgeting to help him move on and be independent. His long-term goal remains to reconnect with his family and to return to employment.

"I feel safe here now. If it wasn't for Trinity I would be in a much darker place"

A photograph of a man, Steve, seen from the back, wearing a red t-shirt. He is standing in a field of tall green grass, reaching out towards a white swan. In the background, there are some wooden structures and trees.

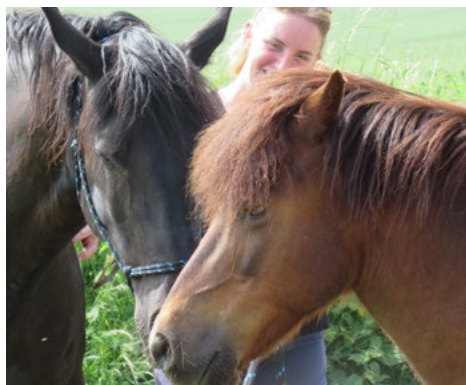
Change - Taking the Next Steps



We have been very pleased to be able to extend our counselling services this year. We now have a team of 5 counsellors offering **bespoke and specialist** one-to-one counselling to help individuals overcome trauma and addiction. The most recent addition to the team is a dual diagnosis counsellor whose work will focus on those living with addiction and mental ill-health, and seeking to overcome this.

We partner with Tower House Horses who provide equine learning to those coming through our Women's Service and have been privileged to watch the **increase in confidence** that this has brought about for many of the women who have attended.

Alongside our formal therapies we also offer a number of peer-led support groups including our support café and our empowerment group, offering women the opportunity to **build friendships** and a network of support.



Within our learning programme we have included cookery classes, budgeting, and practical skills such as gardening to encourage people to build upon their existing life skills and explore what it is they enjoy doing. All our groups are aimed at offering practical skills whilst building the confidence to move on into volunteering and employment.

Healthcare

Therapeutic groups

One-to-one counselling

Trauma informed care

Support for drug and alcohol addiction

Tenancy advice

Mindfulness

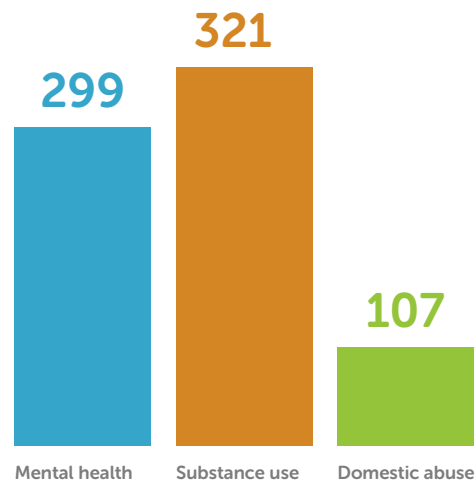
Co-Production Board with clients helping shape Trinity services

Auricular acupuncture

Equine Therapy

PRESENTING ISSUE

Many of our clients present with multiple issues



"You all provide a wonderful service. Please don't forget that every day you come to work, you make a difference to someone's life. You have definitely made a difference to mine."



Jenny's Story



Jenny had sought help to overcome her addiction to substances. She had been a victim of domestic abuse and felt like she had nowhere to turn for help. She attended our support café and was immediately made to feel welcome. She heard others sharing their experiences and was able to relate to what she was hearing. Realising that she wasn't alone and that other people around her had been able to find a way out of their situation she immediately asked for counselling and was seen by one of our trained counsellors. She received 18 weeks of therapy and continued to make a good support network of friends through the support café.

Jenny told us she now had a sense of relief that she wasn't alone and had found a new set of friends. After attending equine therapy with Trinity, she worked with one of our learning champions, found the confidence to build her CV and is now a volunteer in a local charity shop.

Jenny credits her transformation to the strength that she saw in others that enabled her to find it within herself.





We are pleased to have partnered with Lane Clark and Peacock and Capsticks for our job club sessions this year, helping our clients to build CVs, search for jobs and gain the skills needed to enter the workforce. Many of our residents at Alleyne House and those accessing our learning programme, which is supported by Hampshire Learns, are keen to build upon their skills and seek a **brighter future** for themselves.

Last year we supported 45 people **back into work** or volunteering which during a global pandemic shows a great deal of drive and commitment from our clients. 117 individuals took part in our learning programme.

Our programme of activities runs from Monday–Saturday and covers a range of therapies, practical skills and well-being activities as well as employability and hobby building. One of the most popular activities is our “Food Steps to Freedom” cooking courses, creating **healthy and budget conscious** meals as well as gaining food hygiene certificates and health and safety accreditations.

Accommodation

Gaining new skills

Returning to work and being independent

Employability skills via our Job Club

IT skills

Art groups

Work placements

Peer mentoring

Outings to workplaces, galleries etc



Jonathan's Story



Jonathan has been accessing Trinity services for the past three years. He is a caring, intelligent and hard-working young man. Through his time with us, Jonathan has always been keen to keep himself busy and learn new skills, frequently volunteering in our kitchen.

He is a vulnerable young man who has difficulty managing his emotions, due to an insecure homelife. His personal development depended on him changing his environment. Trinity offered Jonathan the opportunity to make positive changes in his life by moving into a flat in Bradbury View, giving him the fresh start that he needed. He's embraced his new surroundings and is really enjoying being part of this new community. With continued support and help in building his CV, his job search has been successful and we are so proud that he has recently been offered employment. We are delighted and so is Jonathan.

"I really wanted to get back into work but was finding it overwhelming to get started. Trinity gave me the push that I needed and the support to get there"





626
people

had access to
a safe warm
place during
the day



319
people

had access to a GP,
nurse, dentist,
chiroprapist or
optician



75
people

were housed
by working
with our
partners

1/4

of the people we
help are aged 18-
25



of the people
visiting Trinity were
empowered by our
Women's service

1/4



36,500

hot nutritious meals
were delivered
across Winchester



520

wellbeing calls were
made to reduce
social isolation



320

online learning
and activity
sessions were
accessed

75



number of amazing
volunteers

45



people using
our Job Club found employment/
long term volunteering

163



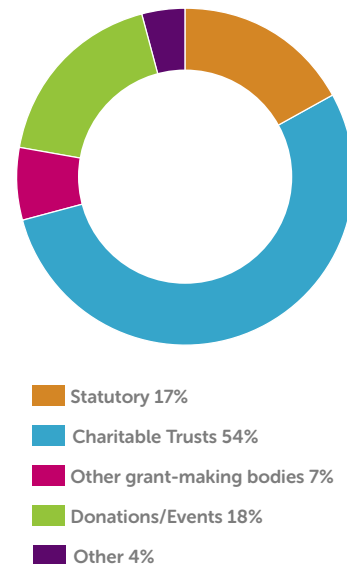
people received group
or 1:1 therapy



Statement of Financial Activities ending 31 March 2021

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Income and expenditure				
Income from:				
Donations and legacies				
Capital appeal	–	729,081	729,081	127,894
Other grants and donations	368,995	161,662	530,657	429,138
Charitable activities				
Grants and contracts	–	50,436	50,436	28,549
Miscellaneous income	55,469	–	55,469	40,684
Investments	1,379	0	1,379	6,656
Total income	425,843	941,179	1,367,022	632,921
Expenditure on:				
Raising funds	61,651	3,893	65,544	70,209
Charitable activities	277,064	225,381	502,445	436,256
Total expenditure	338,715	229,274	567,989	506,465
Net income	87,128	711,905	799,033	126,456
Transfer between funds	1,126,621	(1,126,621)	–	–
Balances brought forward at 1 April 2020	139,409	1,791,080	1,930,489	1,804,033
Balances carried forward at 31 March 2021	1,353,158	1,376,364	2,729,522	1,930,489

TOTAL INCOME





Trinity provides services to enable people to improve both their physical and mental health wellbeing. Over the last year **319 people accessed our in-house healthcare** appointments and **163 people engaged in some form of therapy** at Trinity.

Counselling ONE DAY AT A TIME

We have expanded our Counselling team to 5 this year, providing one-to-one and group support delivered by Trinity's trained expert counsellors includes Positive Minds, a bespoke course developed by Trinity based on cognitive behavioural therapy.

GPs and Wellbeing Support HEALING AND HELPING

Our partnership with St Clements Surgery offers GP and Nurse sessions four mornings a week exclusively to homeless patients who are often not able to register with a practice and have conditions exacerbated by their lifestyle.

Dentaid GIVING PEOPLE BACK THEIR SMILE

Having a healthy smile can really improve someone's self-esteem. The Dentaid bus visits Trinity every month to provide check-ups and emergency treatment to our clients.

Auricular Acupuncture RESTORING BALANCE

We offer auricular acupuncture which is proven to help reduce stress and anxiety as well as promoting sleep and helps to relieve the symptoms of withdrawal from addiction.

Chiropody PUTTING YOUR BEST FOOT FORWARD

Rough sleepers can be vulnerable to trench foot. We provide clean, dry footwear and a monthly chiropodist service to treat and advise clients.

Mindfulness INSPIRING INNER PEACE

We can help clients become more aware of their thoughts and feelings so they are better able to manage them. We create a relaxing therapeutic setting and clients tap into their creative skills with mindful art and drawings.

Health Awareness HEAD TO TOE

Monthly sessions provide help and advice on smoking cessation, healthy eating and sexual health, and include a man-to-man talking group.





"The thought of leaving prison with nowhere to live during a pandemic caused me no end of stress. I really didn't know where I was going to end up. I am so grateful for my lovely flat, and now feel I can re-start my life in a more positive way"

Alleyne House, our first **supported accommodation provision** has now been welcoming residents for nearly two years.

Over 20 residents have been housed since we opened the building in late 2019, and everyone who has left has **successfully moved on** into their own accommodation.

The building offers eight self-contained flats, providing secure and high-quality homes to those who are looking to move on into **independent accommodation**, including low risk offenders leaving Winchester Prison. Residents are supported by a live-in Supervisor and our specially trained Housing Support Officer.

As well as offering tenancy management skills, we provide **training opportunities** to support people back into employment and help them to embrace their future.





In June 2021 we opened our new on-site accommodation, Bradbury View, to the first residents, **on time and on budget** – a very exciting new chapter in Trinity's story.

Brigadier (Retd) Tom Blyth, who facilitated the lead gift for the **£1.5 million capital** appeal through a major donation from the DEFLOG VQ Trust, cut the ribbon to open the new building. The communal lounge has been named "Ben's Place" in memory of his late son, who was supported for many years by Trinity.

The new building provides 12 individual flatlets with kitchenettes and ensuite bathrooms for people who have complex needs and histories of repeated homelessness. The communal kitchen and lounge area provides residents with **spaces to socialise**. Situated on the edge of the beautiful Winnall Moors Nature Reserve, the site provides a peaceful, stress-free environment that both **supports good mental health and nurtures change**.

The new building enables people in most need to live on Trinity's site rather than return to the street when the drop-in centre closes for the day. It gives them a **safe space** and personalised support to address the underlying issues that have led to them rough sleeping, providing the opportunity to help them get their lives back on track and move towards living independently.



The building also offers community facilities for non-residents. The Kingfisher room is a **tranquil therapy** space offering a range of activities to help people "get well, be well and stay well." Trinity aims to build up to supporting 25 rough-sleeping people annually plus 150 non-residents receiving therapeutic support in the community.

Bradbury View is an eco-building designed to blend in with Trinity's existing Day Centre. Homeless Link highlights the facility as a **unique combination of purpose-built day centre and residential accommodation**.



"This is an inspirational project that will help to change the lives of many of those who fall on desperately hard times – the homeless, the socially isolated ... Trinity is a remarkable charity run by extraordinary people. We applaud their success with the splendid Bradbury View project and the invaluable service it will provide."

BRIGADIER (RET'D) TOM BLYTH

We offer grateful thanks to the members of our Capital Appeal Board for their efforts in raising £1.5m to build the UnderOneRoof@trinity project

Appeal Patron: HM Lord-Lieutenant of Hampshire, Nigel Atkinson Esq

Appeal Ambassador: The Rt Hon the Earl of Portsmouth DL

Paul Murray, MBE (Chair), Peter North, The Viscount Lifford DL, Gerry O'Keefe, Frances Griffiths,

Fiona Coulter, David Jobson, Dr Tom Watson, Sue McKenna, Paul Williams



Trinity Winchester wishes to thank the following donors for their generous support in transforming UnderOneRoof@trinity from vision to reality

29th May 1961 Charitable Trust

Albert Hunt Trust

AS & D Thomson

Sir Euan Anstruther-Gough-Calthorpe

Band Trust

Bayfield Charitable Trust

Beatrice Laing Trust

Bernard Cazenove

Bernard Sunley Foundation

Bradbury Foundation

Camilla Masters

CHK Foundation

Clothworkers Foundation

Damon De Laszlo Foundation

David Walton

DEFLOG VQ Trust

Draper Tools

Earl of Portsmouth, DL

Edward Gostling Foundation

Fiona and Edward Coulter

Clothworker's Foundation

Garfield Weston Foundation

Geoff and Fiona Squire

Hallam Mills

Hampshire Partitioning Contracts

Highwood Group

Jenny and Tom Watson

Joe McHale

Linbury Trust

M Bakhaty

Malcolm Isaac

Michael Langdon

N Craig-Harvey

Nigel McNair Scott

Oakmoor Trust

O'Sullivan family

Paul Murray and family

Roths Charitable Trust

Savills plc

Selwood plc

Sir Jeremiah Colman Gift Trust

Skipton Building Society

St Lawrence Church PCC

Stephen Gordon Catto Charitable Trust

Syder Foundation

Tansy Trust

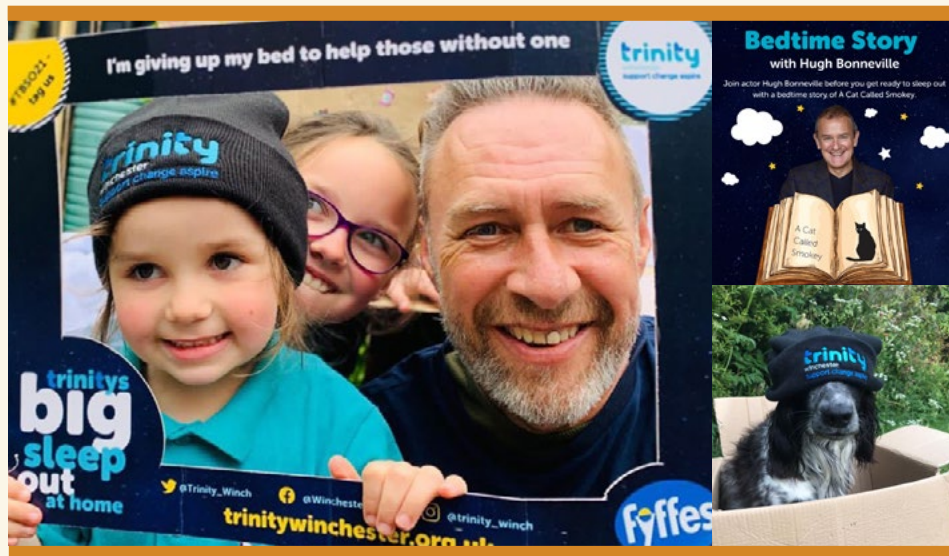
Viscount Lymington

Vivid

Winchester City Council

and many others.

Thank you from all at Trinity



Trinity's Big Sleep Out at home

In May 2021, Trinity held its first Virtual Big Sleep Out which saw over 100 participants sleep out in their own gardens. Fun family activities included a cooking masterclass with chef Jack Stein; a nature activity with BBC Springwatch presenters Chris Packham and Megan McCubbin; and a bedtime story read by actor Hugh Bonneville. Participants took on the challenge of giving up their beds for one night.

Thanks to corporate sponsorship from Fyffes, the money raised by participants and donations made throughout the evening, we raised £23,000 to put back into services to support homeless and other vulnerable people. We'd like to express our thanks to all who took part and supported the event.



Saints Legends VS WCFC Legends – Charity Football Match

Winchester City and Saints legends came together for a charity match on Friday 6th August, raising over £4,300 to support Trinity Winchester. The game saw famous names such as Matt Le Tissier and Glen Cockerill battling it out on the pitch to claim the victory.

A Merry Little Christmas

The beautiful Winchester College was the setting for a virtual festive programme of close harmony carols and readings, introduced by Alan Titchmarsh and performed virtually by Cantores Episcopi in the historic setting of Winchester College Chapel. The evening was streamed virtually into people's homes and raised £2,000 from ticket sales and donations.





Golf Day

October saw the return of our Golf Day Challenge at the Royal Winchester Golf Club which raised over £3,000. We were delighted to be joined by our corporate supporters from Ridge, HWB Accountants, NFU Mutual and Bentley.



Black Tie Dinner

In October 2021, Trinity welcomed 150 guests to its annual Black-Tie Dinner, including local businesses such as Charters, Trinity Rose, Fyffes and Capsticks. Guests were amazed by the close-up magic of Colin Phillips, before the West End Jerseys brought everyone to the dance floor. The live auction included prizes from a no fee house sale from Charters Estate agents to a private meal cooked by head chef, Chris Baker, from Rick Stein in Winchester.

Along with the raffle, silent wine auction and ticket sales, an outstanding £29,000 was raised. Trinity thanks all the supporters and local businesses who donated towards the evening.



Firewalk

In September fearless fundraisers were offered the ultimate challenge to walk 15ft across hot coals at a temperature over 600 degrees centigrade. Local companies including Trinity Rose and Fyffes helped raise £5,000 to support our services.



Corporate support

We are extremely grateful for the help we have received from our corporate supporters over the past year. Volunteers from Fyffes and Osbornes spent hours putting flatpack furniture together for our new residents in Bradbury View.

Simplyhealth volunteers cooked up a storm in the kitchen, whilst Lane Clark and Peacock supported the delivery of our Job Club, providing CV and employment support. A special thanks goes to Capsticks for continuing to support our mission with a £5,000 donation.



Virtual London Marathon

Fifteen runners have taken on the Virtual London Marathon, running 393 miles all together. They tackled a course of their choice at their own pace - logging their route and times on a dedicated app to qualify for a medal and managed to raise an amazing £9,000.

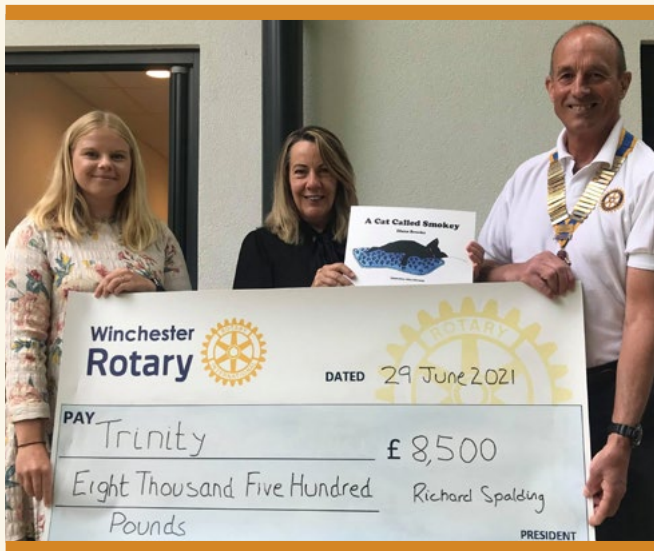


Local businesses

We could not do what we do without the support of local businesses - from weekly fresh fruit and veg boxes from Cobbs Farm shop to delicious community meals provided by COOK for our residents in Bradbury View. Waitrose have continued their support with a donation towards our women's services and Greggs provides our clients with tasty, sweet treats each month.

Womathon

In August, six women took on the challenge of running, walking, swimming, or cycling 117K which represented the 117 women we supported last year. Together they raised over £3,000 which will help to provide our dedicated women's service.



Charity of the year – Winchester Rotary

Trinity was honoured to be selected as Rotary's charity of the year during the 2020 – 21 period and we cannot thank the club enough for the support we received during the pandemic and beyond.

President Richard Spalding presented Trinity with a cheque for £8,500 and gifted copies of the book 'A Cat Called Smokey', which was written by Rotarian Diana Brooks and who during the 2020-21 Rotary year most graciously donated all the profits to charity.

Trinity's Big Quiz Night

Egghead contestant, Kevin Ashman, was the quiz master at our first virtual quiz night on Thursday 25th March. Teams of up to 8 came together to test their knowledge and beat an Egghead. With support from Lane, Clark and Peacock, we were able to raise over £4,000.

Get involved



Volunteers

We simply couldn't run Trinity without our dedicated volunteers who help with everything from supermarket collections to cooking for our clients.

If you have a couple of hours a month, please contact Harriet Allen on

01962 842 827 or info@trinitywinchester.org.uk to find out how volunteering at Trinity could work for you.



Leave a lasting gift

Leave a gift in your will to help people change their lives for good. Any amount, no matter how small, is a huge help to us to continue our valuable work. And did you know that any legacy you leave for Trinity passes completely free of Inheritance Tax?

If you could like further information, please contact Paul Williams at Trinity on **01962 828 627** or paul@trinitywinchester.org.uk.

Take on a challenge for Trinity

Make it a birthday to remember with a skydive in aid of Trinity! Or want to abseil down the Spinnaker Tower or run the London Marathon? Find out what events Trinity is running – or bring us your own ideas.

sharnna@trinitywinchester.org.uk





**You are
the key
to Frank's
future**

Members of Trinity's Key Supporters Club help us to plan and sustain our year-round work with homeless and vulnerable people. Your monthly donations will enable us to use the funding where it's most needed, rather than being restricted to specific projects.

Getting Well

We provide a full health needs assessment with the G.P team, a named care coordinator to help set up residents' housing and tenancy related income and expenditure, as well as settling them into their new flat.

Being Well

We offer a full range of therapies and groups for residents to help them reduce substance use dependency and move towards recovery.

Staying Well

We offer ongoing support to prepare our residents to move on to independent living and a learning programme to enhance their employability.

Donate monthly from as little as

£2

provides a weekly community meal for a resident to help reduce social isolation.

£5

provides toiletries and cleaning products for a resident.

£10

supports our mental health recovery programme which includes mindfulness and acupuncture.

£15

provides a tenancy sustainment course which helps residents maintain a good tenancy, pay rent and manage bills.

£20

provides one-to-one support with a Housing Practitioner for 1 month

£30

funds counselling sessions for residents to support them to move on to a brighter future.

How to join

VISIT:

[www.trinitywinchester.org.uk/
key-supporters-club](http://www.trinitywinchester.org.uk/key-supporters-club)

Follow the simple set-up instructions on the page or alternatively, scan the QR code here.

SCAN HERE



What's included?

Quarterly newsletters, success stories, exclusive invitations to our events

f **WinchesterTrinity**

t **Winch_Trinity**

i **Winch_Trinity**



Acknowledgements



Trinity Winchester is grateful to the following organisations for funding our work with homeless and vulnerable people during 2020/2021

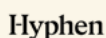
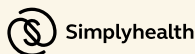
A2 Dominion
Balcombe Trust
Band Trust
Bernard Sunley Foundation
CAF Resilience Fund
Christopher Fagan Memorial Trust
Community Foundation Wales
Gwyneth Forrester Trust
Hampshire Achieves
Hampshire County Council
Hampshire Police and Crime Commissioner
Homeless Link (MHCLG)
John Laing Charitable Trust
Kinsbourne Trust
Knight Charitable Trust
Ladies of the Grail
Lambs Hill Trust
LCP Foundation
Lloyds Bank Foundation England and Wales

Misselbrook Trust
National Lottery Community Fund
Nationwide Building Society
Park Family Trust
Saddlers Company
Serco Foundation
Simplyhealth plc
The O'Sullivan Family Charity
The Worker Trust
Thomas Roberts Trust
V Ashton Charitable Settlement
William Grant Foundation
Winchester City Council
Winchester Welfare Charities

Special thanks also to our community heroes and donors, Winchester Cathedral, The Holiday Inn Winchester, Lane Clark & Peacock, Winchester College, Capsticks, Simplyhealth, Winchester Rotary, University of Winchester, Cobbs FarmShop, COOK, Fyffes, Rick Stein, Picaramba, Greggs, Paris Smith, Sainsbury's, Tesco, Marks & Spencer, Pret A Manger, Abel & Cole,

Waitrose Winchester, Aldi, The Body Shop, Winchester Farmers Market, FareShare, UK Harvest, Winchester Soroptomists, Hyphen Architects, Ridge and Partners, Nationwide Building Society, Hampshire Media, Jeremy France Jewellers, Pro Vision, Royal Winchester Golf Club, Winchester BID, Greggs, Selwood, Trinity Rose, Charters Estate Agents, Highwood, Draper Tools, Osborne and to all the shops who display Spare Change for Real Change collection boxes.

And finally thank you to our huge army of loyal volunteers who we really couldn't do this without. You have supported us with preparing meals, helping in the kitchen, facilitating counselling sessions, helping at fundraising events and advocacy. And to all our dedicated shoppers who collect supermarket food every morning in all weathers. We are so very grateful to you all.





Patron

Nigel Atkinson Esq HM Lord-Lieutenant of Hampshire

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Healthcare Team: Dr Helen Webb, Dr Alex Fitzgerald-Barron, Dr Celia Belke and Nurses Claire Davis and Sarah Symonds

Our thanks to all those who took part in the photo session.

Quotes are not attributable to the people in the photographs.



Accessing our Services

If you are in need of our support, or would just like to talk to us, please either drop in during opening hours or call 01962 622220

Opening Hours

Monday to Friday	8.30am – 4.00pm
Saturday morning	9.00am – 11.00am (rough sleepers only)
Group activities	10.00am – 4.00pm
Women's Service	10.00am – 4.00pm

Contact Us

Drop In	01962 622220
Main Office	01962 842827
Email	info@trinitywinchester.org.uk

www.trinitywinchester.org.uk

@Trinity_Winch

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