

A full-page photograph of a middle-aged man with a shaved head and a goatee, smiling at the camera. He is wearing a dark blue t-shirt. His arms are covered in colorful tattoos, including a large dragon on his right arm and various symbols on his left. He is standing in front of a row of tall corn plants with green leaves and brown tassels. In the background, a white building with large windows is visible. The image is framed by a thin black border with small crosshair-like symbols at the corners.

**trinity**  
winchester  
support change aspire

Annual Review 2022–23

Making a real impact  
Changing lives

#Preventing homelessness  
#Ending rough sleeping







# We are Trinity Winchester

Trinity Winchester is a unique charity which **addresses homelessness and vulnerability** through our three focus areas:

- **Support** of people's basic needs – food, clothing, washing facilities, housing referrals, street outreach
- **Change** via healthcare, counselling, addiction support, tenancy advice, education, art, and other therapies
- **Aspire** with our Job Club, IT skills workshops, peer mentoring, work placements, introductions to employers, and provision of accommodation

All these services are based on our core philosophy of **non-judgemental support**.

Trinity was founded in 1986, initially to support people who were unemployed. Over the years, the scope of services has expanded to help address the causes of **homelessness, addiction, physical and mental ill health, poverty, social isolation, and domestic abuse**.

In 2009, we successfully raised £1.3m to fund our new purpose-built day centre at Bradbury House, built on land granted by Winchester City Council. In 2019, we expanded our services to provide accommodation for the first time, taking on the management of Alleyne House, in partnership with the former High Sheriff of Hampshire, Mark Thistlethwayte. In June 2021, we launched another fundraising appeal and raised £1.5m to build Bradbury View, which is 12 flatlets situated on land at the back of our existing day centre looking over the beautiful Winnall Moors. We are now able to give 20 people **a place to call home**, with full support from our frontline team who are based on site.

**Through the provision of innovative and supported housing solutions, we work in partnership with many local agencies and statutory bodies, sharing the common goal and determination to end homelessness.**



## Our vision is 'Working together for better lives in our community'

We encourage everyone to work together to provide a safe place where people affected by homelessness and social deprivation can maximise their life chances.

We do this by:

- **Creating environments and services where people feel valued and safe**
- **Being a place where people enjoy coming to work**
- **Attracting supporters who share our values**

## Our values

We support our clients by helping them to change their situations and aspire towards fulfilling futures.

- **We are non-judgemental and compassionate**
- **We embrace diversity and inclusivity**
- **We empower people by helping them to build the confidence and skills to make positive changes in their lives**
- **We value our staff and volunteers**
- **We listen to and work with others**



## Chair's Report



The AGM is the first anniversary of my becoming the Chair of Trinity. It has been a year that I have enjoyed immensely especially working with the staff and Trustees developing what we do here at Trinity, also to look forward and to evaluate plans for where we can go in the future. To this end we held a successful Blue Sky Strategy Meeting in May, which was attended by the Trustees and Senior staff.

We have appointed two new Trustees during the last twelve months. Deborah Macartney has joined the Board, as has Adrian Girling. Deborah is an experienced academic and director in nurse education and an accomplished health and social care leader. As a visiting lecturer at the University of Winchester, Deborah delivers education on dementia with the aim to inspire the next generation of healthcare professionals.

Adrian was born and educated in Birmingham but has lived in Winchester for the past 35 years. He recently retired following a career in Insurance Broking with responsibilities in the UK, Europe, and Canada. Adrian also provides volunteering services to Winchester Basics Bank which supports emergency food and clothing needs locally.

Sue McKenna continues to do an excellent job leading the Trinity staff as Chief Executive and is ably assisted by

Hannah Scott as her Operations Director. The senior management team has been strengthened by the addition of Hayley Ayres, who brings a lot of experience in her role as Housing Manager. Kirsty Boote has also joined us as the Community & Events Fundraiser, and replaces Sharnna, who has moved down to the West Country after 5 years' service at Trinity, we wish her all the best and thank her for her contribution.

I should report that the Help Me Stop programme, which we had started to run with some success here at Bradbury House has now ceased to operate here in Winchester. They are continuing in London, and we can access their online rehab programme. We plan to set up a similar service in-house at Trinity during the coming year so that we can continue to offer this much needed service to help people recover from drug and alcohol addiction.

One major initiative this year has been the developments we are making to set up move on accommodation to supplement what we already offer at Bradbury View and Alleyne House. The provision of this type of housing will complete the Trinity Pathway from taking people off the streets to giving them a home. Those of our clients, who are ready for more independence, will be offered single occupancy dwellings. There they will have their own personal space and a key to their own front door. They



will continue to receive support at the level they need, until ready for completely independent living.

The vision for this new and exciting initiative consists of five modular style "pod" houses, which will be built on a site in central Winchester. We are working closely with Winchester City Council and Hampshire County Council to identify a suitable site, and we are close to our capital fundraising appeal target to raise £500k required for this project.

Trinity is exploring the possibility of scalability and replicability. To this end we are talking to other service providers in the area. I hope to report more on this next year.

In the meantime, thank you to all for your continued support, financial donations and assistance towards Trinity. It is very much appreciated.

**Paul Murray MBE, Chair**

## The Difference We Make



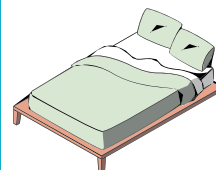
We gave  
**539**  
people

access to a safe  
warm place  
during the day



We helped  
**267**  
people

access a GP, nurse,  
dentist, chiropodist  
or optician



We provided  
**6,995**  
bed nights

of  
accommodation

**1/4**

of the people we  
help are aged  
18-25



**127**

women were  
empowered by our  
Women's service



We served  
**22,048**  
hot nutritious  
meals



We delivered  
**1400**  
tenancy and  
advice sessions



**345**

people joined  
in a learning  
activity

**70**



**VOLUNTEERS**

amazing volunteers gave  
up their time to help us

**224**



people benefitted from group  
or 1:1 therapy

**36**



people found employment/  
volunteering through our Job Club

## Chief Executive's Report



Trinity is now in its **37th** year of providing support and, more recently, accommodation for homeless and vulnerable people. We share the national vision **to end rough sleeping** and our 3 strands of service delivery, Support, Change, Aspire, reflect this.

We supported 539 individuals this year in the day centre, women's services and in our accommodation. We worked with those already experiencing homelessness, those at risk of homelessness and those who are on their journey of recovery from homelessness. Despite 2022 being a

challenging year and 2023 still enduring **a cost-of-living crisis** we were pleased to make progress in many areas. **Our incredible staff** worked tirelessly to identify those in immediate crisis and deteriorating situations and, by giving them timely support, they prevented prolonged experiences of homelessness.

Once settled into their accommodation, many of our clients joined in with the learning programmes, healthcare and engaged in life-changing counselling, **85%** of them say they **feel happier**, healthier, and more prepared for the future. We are also incredibly grateful to our **wonderful volunteers**, who support us daily, they are always willing to go that extra mile.

We are poised to continue to support **increasing numbers** of people who are experiencing the effects of the economic climate and the warning of looming evictions from private landlords. We are particularly focused on **preventing homelessness**. This is **key** to stopping the knock-on effect and the downward spiral that all too many have faced in the past. We are determined not to let this happen again and we welcome the report from Homeless Link which highlights the need to concentrate efforts in this area.

Everything we do is in **partnership** with our local stakeholders and partners, we would particularly like to thank our colleagues at Winchester City Council for all their support and collaboration. Thanks also to Hannah, our amazing Operations Director for leading the frontline team and for providing **a welcome and valuable service** for our clients. Also, a huge well done and praise to our Fundraising and Development team, Paul Williams, and Kirsty Boote, for their remarkable resilience and ability to promote Trinity and to create events and attract funds to enable us to continue our vital work.

Long may we continue to positively impact on the lives of those who need us.

**Sue McKenna**, C.E.O.

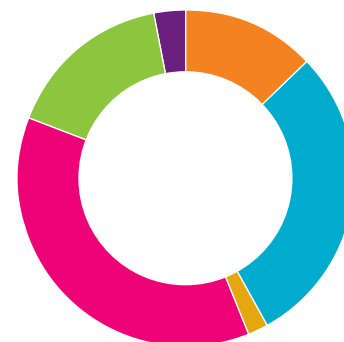




## Statement of Financial Activities for the year ending 31 March 2023

## TOTAL INCOME

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
<b>Income and expenditure</b>				
Income from:				
<b>Donations and legacies</b>				
Capital appeal	–	160,054	160,054	100,925
Other grants and donations	384,968	274,251	659,219	640,895
<b>Charitable activities</b>				
Grants and contracts	–	21,630	21,630	9,836
Other charitable income	26,167		26,167	56,564
Housing income	167,202	–	167,202	77,416
Investments	3,213	–	3,213	75
<b>Total income</b>	<b>581,550</b>	<b>455,935</b>	<b>1,037,485</b>	<b>885,711</b>
Expenditure on:				
Raising funds	84,737	6,307	91,044	75,168
Charitable activities	366,469	314,138	680,607	628,796
Housing	137,184	–	137,184	64,712
<b>Total expenditure</b>	<b>588,390</b>	<b>320,445</b>	<b>908,835</b>	<b>768,676</b>
<b>Net income</b>	<b>(6,840)</b>	<b>135,490</b>	<b>128,650</b>	<b>117,035</b>
Balances brought forward at 1 April 2022	2,747,354	99,203	2,846,557	2,729,522
<b>Balances carried forward at 31 March 2023</b>	<b>2,740,514</b>	<b>234,693</b>	<b>2,975,207</b>	<b>2,846,557</b>



- Statutory 13%
- Charitable Trusts 29%
- Other grant-making bodies <1%
- Donations/Events 37%
- Housing 16%
- Other 3%



## Support – Crisis Intervention



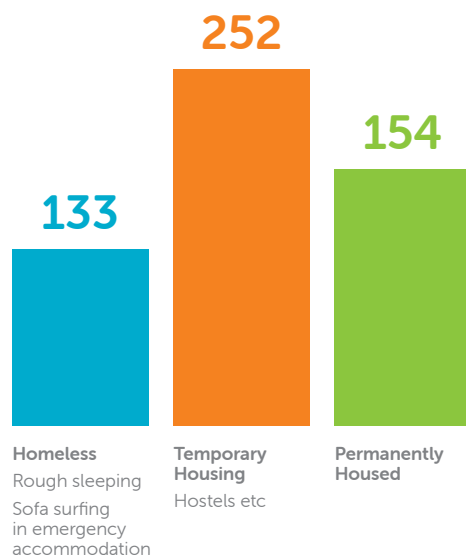
We recognise that everyone who attends Trinity is on a different stage of their journey and for those in crisis, they will need immediate support and access to our day centre facilities. Whilst here, they can address their basic needs, such as showers, nutritional meals, clothing, laundry and healthcare. They will receive a warm and friendly welcome and our staff are on hand to help with housing referrals to begin the road to recovering from homelessness, and, in more and more cases, to prevent people from losing their home.

Working with our qualified and enthusiastic team of housing and homelessness practitioners and in partnership with Winchester City Council, every visitor to Trinity is offered a personalised support plan to help them when they need it most.

One of our visitors described our day centre as **“like arms opening out to embrace you to give you a safe and warm place to stay during the day”.**



### HOUSING STATUS OF TRINITY DAY CENTRE CLIENTS



Food

Shelter

Accommodation

Safety

Clothing

Showers

Laundry

Crisis intervention

Postal address

Company and conversation





## Robert's Story



Robert was street homeless when he arrived at Trinity. After a period of a few months and still sleeping rough, we were able to fund a short stay in a local hotel to give him some respite, and to adjust to a way of life off the streets. When the next room became available in our accommodation, he jumped at the chance.

Robert had difficulty in regulating his emotions having experienced a very dysfunctional upbringing and loss of a close family member at an early age, which manifested into him developing an alcohol dependency as a young teen.

Robert moved into his room and immediately found solace in the garden, where he set up a basketball hoop and badminton net, encouraging other residents to join in. He worked very well with his support worker and was keen to learn how to manage a tenancy so that he could manage a place of his own one day. Robert's keen interest in art flourished, and he shared some of his drawings with his key worker, describing how they helped him feel calm and able to manage his anxiety when he was feeling agitated.

Robert managed his addiction whilst living with us by reducing it to a more functional level and by attending recovery and mindfulness groups. He also had some pre-counselling sessions with our dual-diagnosis counsellor and took part in the "walk and talk" therapy programme. He was an active participant of the tenancy meetings and strived to ensure his room was well maintained.

Just after Christmas, he was delighted to move into his own place. He still receives some tenancy support from Trinity and is determined to work towards sobriety.

**" If Trinity had not have given me a roof over my head, where would I be now? I now have a chance at rebuilding my life, thanks to you all....."**

## Change – Taking the Next Steps

Once people have settled into their accommodation, whether it be a room, a flat, shared housing, we know that the crucial next steps are supporting them to keep their tenancy. This is often a stressful time, where everything happens at once, bills and letters in the post start arriving, setting up direct debits, payments, reading meters, lack of furnishings, setting up home, it only takes a few of these things to go wrong before people find it too difficult to cope and they find themselves back in the cycle of homelessness. To make the transition smoother and less daunting, we have created a life skills booklet, covering everything from budgeting and tenancy skills to mindfulness and ongoing recovery advice.

Our therapy services delivered by a team of 7 counsellors offer both one to one and group sessions to equip people with techniques to work through trauma, addiction, domestic abuse and mental health. The Kingfisher Suite, pictured below and counselling rooms have been designed to provide a calming and supportive environment in which to embrace recovery, it makes a real difference to how you feel.

One of our clients said

**“my counselling sessions have empowered me, given me self-worth and belief and the confidence to take the next steps in my life. I am so grateful for this opportunity”**

Healthcare

Therapeutic groups

Recovery groups

One-to-one counselling

Trauma informed care

Support for drug and alcohol addiction

Tenancy advice

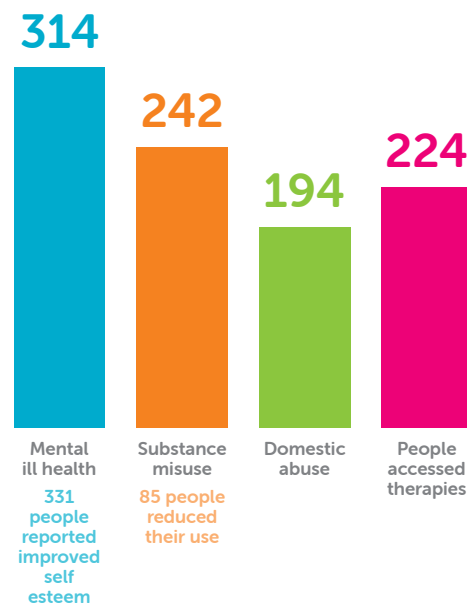
Mindfulness

Co-Production meetings

Equine Therapy

### PRESENTING ISSUE

Many of our clients present with multiple issues





## Jonathan's Story




Jonathan is a caring, intelligent, and hard-working young man. Throughout his time at Trinity, he has always been keen to keep himself busy and learn new skills, frequently volunteering in our kitchen.

However, as he is a vulnerable young man who has difficulty managing his emotions, due to an insecure home life, his personal development was contingent on his extraction from that environment. Because of this, he was put forward as a candidate for a flat in Bradbury View and since moving in he has been an excellent tenant, embracing the community and taking pride in the upkeep of his new home.

He engaged with our recovery group to explore his dependency upon substances, he was very encouraged by the stories that were being shared and felt that he could relate to them which helped him see that he could be free from substances too, he has reduced the amount of cannabis he uses and has maintained a good level of engagement.

Since then and following continued support and CV development, his job search has been successful, and we are proud to say that Johnathan recently received an offer of full-time employment.



**"I knew my trauma was holding me back, I didn't like talking about my past, but I am glad to say I have addressed those issues and feel good about moving forward now"**

## Aspire – A brighter future



We have seen a sharp uptake in those looking for employment and to gain new skills, with 345 people engaged in one or more of our learning groups and 36 of those people finding employment.

Our partnerships with local businesses are so inspiring and beneficial to our clients, several of which have thrived after being offered employment. This has had a chain reaction and inspires others to want to find a job to get their lives back on track and to find independence once again.

Our art class, affectionately known as T.A.G., led by local artist Alastair Eales has provided many opportunities for our amazingly talented attendees, who have had several exhibitions this year, working in collaboration with the Winchester School of Art. We were also incredibly grateful to the Grange Festival, for hosting a lovely outing to their exquisite grounds and exhibition spaces, which was much enjoyed by all.



**345**  
people in  
learning

**36**  
people  
returning  
to work

**1569**  
learning  
sessions  
delivered



### Meet our Peer Mentors Extraordinaire!

We are pleased to introduce Ally, who co-facilitates some of our groups and chairs our co-production board. She has recently completed a training course to develop this important role. Ally has such a friendly and professional manner which really puts people at ease, and her own story of recovery and resilience is invaluable, she is a true shining example of what is possible. We also have Jason, who is integral to our new Steps to Recovery programme group. Together, they are a great asset to our Trinity team.



Employability skills via our Job Club

Work placements

IT skills

Art groups

Tenancy support

Budgeting

Peer mentoring

Outings to workplaces, galleries etc

Moving on to independent living



## Jason's Story



Hello, my name is Jason I am a recovering alcoholic and substance user. This is my story.

My drinking habits were uncontrollable. The quantity that I was drinking was ridiculous. I didn't care what I looked like, didn't have to please anybody. I suppose I had an attitude on life, but I wasn't in control of it. Something outside was in control of me and that's why when I came to Trinity, it was a start of my journey forward, no two ways about it.

I used to go to the recovery groups which was good but when I first started there was no sign of me giving up, I wasn't in that mindset. I started feeling poorly because of the amount I was drinking; I then had a health scare and I ended up in hospital where they put me through a detox which was just the very start of my journey really. I came out of hospital thinking I've just done a week with no drinking, I can do this, but I need help and that's where Trinity comes in.

In no uncertain terms, it is all about Trinity, they saved my life. Even my doctor said I wouldn't be here if I hadn't had that help, so you know it's a good thing. I was asked if I would like to join a new rehab programme at Trinity which I said yes to and that was the start of my road to a journey of recovery.

Trinity guided me through life after giving up drinking because everything was new, I didn't know how to be happy, I didn't know how to smile. I didn't know how to love. I didn't know how to miss anybody. Everything was fresh, so the last six months has been a roller coaster but in an amazing way.

I am also now a member of staff at Trinity where I can show people going through similar addictions that recovery can be achieved. Hopefully other clients see me as a success story, and they will start the road to recovery through Trinity. I think it's important to go through Trinity, it's what I did, and it worked. If it had not have been for Trinity, I would not be here.

**"My happiness is through the roof, I'm loving life. I love me again which is an important thing."**





### Counselling ONE DAY AT A TIME

Our team of 6 trained counsellors provide 1:1 and group support. Our weekly Wellbeing Drop-In sessions provide mental health and therapeutic interventions with a dual diagnosis counsellor.

### GPs and Wellbeing Support HEALING AND HELPING

We are so grateful to the GPs and nurses from St Clements surgery who offer regular sessions at Trinity, exclusively to homeless patients, who have conditions exacerbated by their lifestyle.

### Dentistry

In partnership with Dentaïd, our clients can access a dentist via the monthly dental bus, providing everything from a check-up to a full set of teeth.



### Walk & Talk Therapy

A new therapy for our male clients, openly talking about things whilst enjoying an outdoor walk around the beautiful Winnall Moors. A change for those who may feel claustrophobic in a room environment.

### Homeopathy NATURAL & GENTLE

In partnership with Homeopathy UK, we offer free sessions to help our clients in the management of a wide range of conditions, including sleep problems, low mood and long-term pain.

### Health Awareness HEAD TO TOE

Monthly sessions provide help and advice on smoking cessation, healthy eating and sexual health, and include a man-to-man talking group.

### Steps to Recovery

Coming soon, our new group "Steps to Recovery" – a 6-week programme exploring ways to maintain long-term sobriety and freedom from addiction



## Trinity's Women's Service – Women Empowering Women



**127 WOMEN**  
accessed our womens' service



Trinity's bespoke Women's Service based at Bradbury House provides support for women who need help to **break free** from abusive relationships. We help those who are looking to recover from traumatic experiences, and those who need a support network or want to regain confidence to move into **brighter futures**.

This support is delivered by a team of skilled, qualified and specialist support staff including a team of 6 counsellors, with all services being offered **free of charge**.

We also partner with Tower House Horses which provides equine learning to those coming through our Women's Service and we have been privileged to watch the increase in confidence that this has brought about for many of the women who have attended. Most recently, we have introduced fitness sessions and talks from local companies who are only too pleased to get involved.

Alongside our formal therapies our wonderful peer mentors offer women the opportunity to **build friendships and a network of support** in a safe inviting space at The Support Café. Many of our group members are super creative, they have made beautiful flowers and drawings, and have been able to **enjoy and share** their talents with others.

**"when people are isolated for whatever reason, they just need someone to talk to"**



One to One counselling

The Support Café

The Freedom Programme

Equine Therapy

Self-help confidence Group

One to One Support and guidance

## Everyone Deserves a Home – Bradbury View and Alleyne House



We housed 31 individuals across Alleyne House and Bradbury View in this last year and have enjoyed supporting each resident to embrace recovery from homelessness and other impacting issues such as unemployment, addiction, poor physical and mental ill-health, and trauma.

Bradbury View has continued to be a place of therapeutic recovery with each resident contributing to a personalised support plan with their keyworker, having full access to in-house counsellors, therapeutic groups, employment opportunities and tenancy support.

Our team of six support staff managed by our housing manager Hayley have supported each resident to aim high and set their sights on independent living and a journey back into good health, employment, and restored relationships with family.

Listening to our residents through our co-production sessions has enabled us to learn from those with first hand lived experience what works well and what doesn't, and this advice is crucial in keeping our practice and service relevant to the needs of those living within our accommodation.

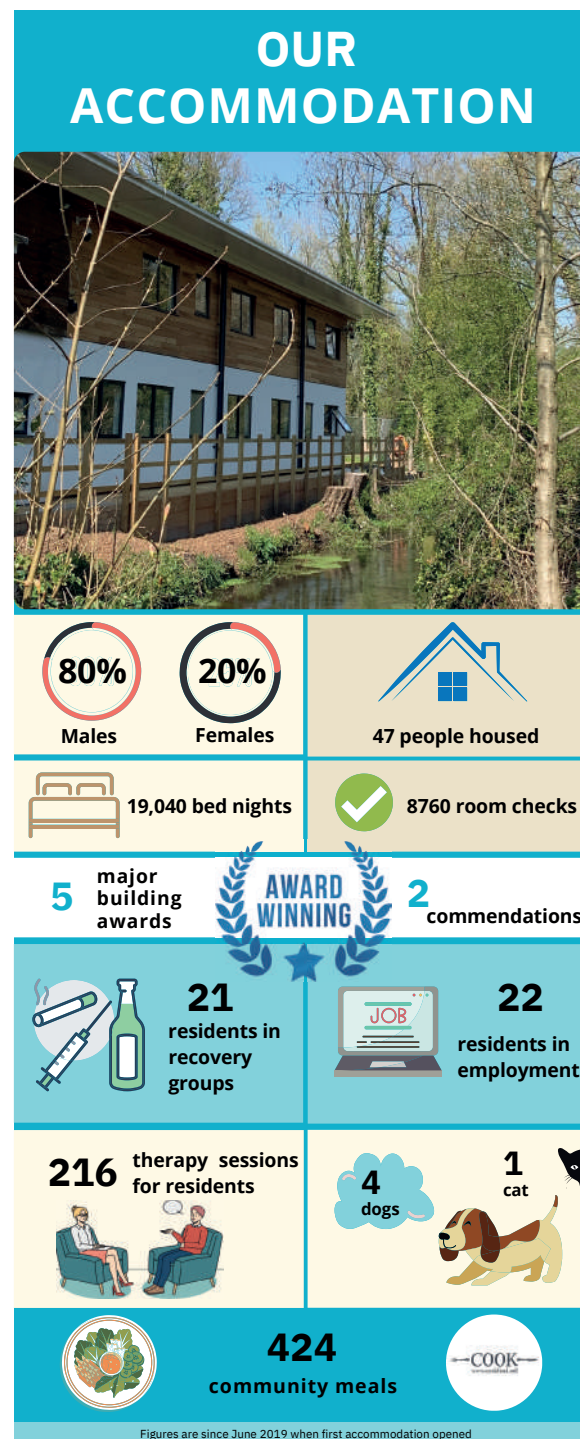
**"I felt so lonely when I was sofa-surfing, not knowing where I was going to sleep, drifting from one place to another, but I have now got a real network around me, and my housemates really care about each other. I am feeling much stronger now, more like my old self and I think I am ready for the next steps"**





“We have had another busy year in our housing projects, and, as usual, all rooms are full. We are delighted to welcome Hayley Ayres to our team as Housing Manager, she comes with a wealth of experience and has already made an enormous impact. The service has been in much demand, and we have sought to meet these needs with the expansion of our counselling team and the introduction of more activities and therapies. As always, I remain full of admiration for the people who come to us, the stories we hear and the tenacity with which our residents are prepared to embrace recovery. It is extremely humbling.. Everyone has a story to tell and a journey to finish. It is a privilege to see so many people achieving their goals and to work alongside my colleagues who help to make Trinity a warm and welcome place to be. ”

HANNAH SCOTT, OPERATIONS DIRECTOR



## Fundraising Events



### Trinity's Big Sleep Out

On Friday 12th May, we were once again grateful to use the grounds of Winchester Cathedral for our annual Big Sleep Out.

Over 160 people took part with entertainment provided by local performers such as Winchester Acappella and Integr8 Dance. Food stalls were provided by local suppliers Overdraft, Picaramba and Hursley butchers. A well-being tent with yoga, meditation, and reflexology ensured that there was plenty to keep everyone entertained. The High Sheriff of Hampshire Amelia Riviere and DL Simon Tufnell were in attendance to judge and announce the winners of the cardboard shelter competition.

Once the evening had drawn to a close, a bedtime story was read by Sir Jonathan Pryce, readying the participants to take on the challenge of sleeping outside for the night in their handmade cardboard shelters.

Thanks to corporate sponsorship from Charters, Brewin Dolphin and Draper Tools amongst other local businesses. The money raised by sponsorship, participants and donations throughout the evening totaled £27,000. This incredible amount will be put directly into services to support homeless and vulnerable people in Winchester. We'd like to thank all those who took part, and our amazing volunteers who made the event possible.

### A Merry Little Christmas

Thanks to Winchester College, we were able to use the magnificent College chapel as the setting for a festive programme of close harmony carols and readings, performed by Cantores Episcopi, under the baton of David Hurley. The evening raised £5,000 from ticket sales and donations, and everyone left with that Christmas feeling.



### Sprint Triathlon

On 25th June Anya took on a sprint triathlon in support of our Womens' services. She accessed our support during a difficult time at university and as such wanted to give back – thanks Anya for your amazing determination and for raising £1,129 towards our work.





## Winchester Rotary

This year we had the pleasure of being named as one of Winchester Rotary's chosen charities. President, Deborah Macartney led the Rotary in holding events such as An Evening with Dan Snow, a Murder Mystery Night, a Firewalk and the renowned pancake race at Winchester Cathedral, altogether raising an incredible £14,164 for Trinity's Women's Services. We are grateful for this incredible amount and for all the fun we had along the way.

## Charity Gala

In October 2023, Trinity welcomed 150 guests to our annual Black-Tie Dinner sponsored by Charters Estate Agents, at the prestigious Winchester College. Guests included local businesses such as Trinity Rose, LCP, Selwood and Ridge & Partners. Guests enjoyed a delicious 3-course meal before the Daisy Chains got everyone on their feet to dance the night away. The live auction included items such as The Grange tickets and dinner cooked by head chef Chris Baker from Rick Stein.

Along with the raffle, silent wine auction and ticket sales we raised an outstanding £15,000. Trinity would like to thank all the supporters and local businesses who donated to the evening's success.



## Challenge events

This year, 21 fundraisers took part in challenge events for Trinity. 13 members of the Lainston house team ran the Winchester 10k raising £1,860.

8 daredevils took the leap for Trinity, jumping 10,000ft from a plane, raising a breathtaking £5,000.



## Community



### Corporate support

We are extremely grateful for the help that we have received from our corporate supporters over the past year. Volunteers from Shentons, LCP, Brewin Dolphin and BNP Paribas have cooked for our clients every month. Volunteers from Gallagher, Wates Group and Southern KSD Decorating Services took part in our Team Green Day, building a greenhouse for our residents of Bradbury View. Rick Stein, Winchester has been delivering cooked lunches and COOK of Winchester continue to support us with weekly meals for our residents.

### Shentons

Shentons have been a huge support for us this year. They have volunteered in the kitchen, provided legal advice to our Women's Service, sponsored, and participated in our events. They even held their own Crime Departments fundraiser raising over £500. We are now looking at expanding our Wills and Legacies reach with their advice.



### Charity of the Year

Trinity is honored to be selected as Charity of the Year for many local businesses including Charters Estate Agents who endeavour to support us in numerous ways, NFU Mutual and Brewin Dolphin. Lainston House continued to hold their tours of their beautiful kitchen garden throughout the year, donating the ticket sales to Trinity.





## Get Involved



**YOU ARE THE  
KEY TO LISA'S  
FUTURE**



### JOIN OUR KEY SUPPORTERS' CLUB TODAY

#### £2 a month

provides a weekly community meal for a resident to help reduce social isolation.

#### £10 a month

supports our mental health recovery programme which includes mindfulness and acupuncture

#### £15 a month

provides a tenancy sustenance course which helps residents maintain a good tenancy, pay rent and manage bills

#### Getting Well

We provide a full health needs assessment with the G.P team, a named care coordinator to help set up residents' housing and tenancy related income and expenditure, as well as settling them into their new flat.

#### Being Well

We offer a full range of therapies and groups for residents to help them reduce substance use dependency and move towards recovery.

#### Staying Well

We offer ongoing support to prepare our residents to move on to independent living and a learning programme to enhance their employability.

SCAN THE QR  
CODE TO SIGN UP



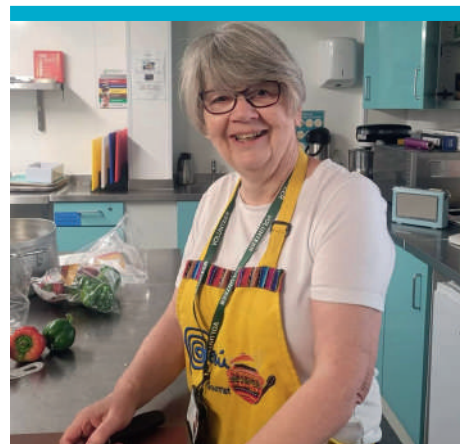
## Leave a lasting gift

Leave a gift in your will to help people change their lives for good. Any amount, no matter how small, is a huge help to us to continue our valuable work. Did you know that any legacy you leave for Trinity passes completely free of Inheritance Tax?

If you could like further information, please contact **Paul Williams** at Trinity on **01962 828627** or **paul@trinitywinchester.org.uk**.

## Take on a challenge for Trinity

Fancy abseiling down the Spinnaker Tower or running the Brighton Marathon? How about ticking that Skydive off your bucket list? Contact **kirsty@trinitywinchester.org.uk** to find out what events are happening or to discuss your own ideas.



## Volunteers

We simply could not deliver our services without the help of our fantastic team of dedicated volunteers. From helping at fundraising events, supermarket collections, sorting donated goods to preparing and serving meals for our clients, their support is invaluable. If you have a couple of hours spare and would like to join our team, please contact us on **admin@trinitywinchester.org.uk** or call us on 01962 842827. Details of forthcoming volunteer sessions can also be found on our website, **www.trinitywinchester.org.uk**

**"I started volunteering as I felt like I wanted to do something for people experiencing homelessness. Beginning in outreach many years ago, I now volunteer in the kitchen. It's incredibly rewarding to do something practical to show that you care"**

**Marilyn – Kitchen Volunteer**

## Acknowledgements



Trinity Winchester is grateful to the following organisations for funding our work with homeless and vulnerable people during 2022 / 2023.

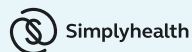
Albert Hunt Trust  
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O'Sullivan Family Charity  
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Simply Health  
Sir Jeremiah Colman Gift Trust  
Thomas Roberts Trust  
Winchester City Council

Special thanks also to our community heroes and donors: Winchester Cathedral, St Peters Church, St Lawrence Church, Christ Church, The Hope Church, St Barthomews Church, St Pauls Church, Barton Peverill College, Lane Clark & Peacock LLP, Winchester College, Simplyhealth, Winchester Rotary, RBC Brewin Dolphin, Shentons Solicitors, Lainston House, University of Winchester, Cobbs Farm Shop, COOK, Rick Stein Winchester, Hyphen Architects, Ridge and Partners LLP, Nationwide Building Society,

Buckland Development Ltd, Hampshire Media, Jeremy France Jewellers, Pro Vision, Royal Winchester Golf Club, Brides of Winchester, Winchester BID, Selwood, Trinity Rose, Charters Estate Agents, Draper Tools, Piecaramba, Greggs, Fitstate, Winchester Bakery, 5 Shades of Grey band, Overdraft, Hursley Butcher, New Energy Yoga, Hampshire Business Networking, Sainsbury's, Tesco, Pret A Manger, Abel & Cole, Waitrose Winchester, Aldi, The Body Shop, Winchester Farmers' Market, FareShare, UK Harvest and Winchester Soroptomists and to all the shops who display Spare Change for Real Change collection boxes.

And thank you to our Advocates who use their links in the community to help raise awareness of Trinity's work.







"This year has been a tough one for me personally. I can genuinely say if it wasn't for Trinity and their friendly, non-judgemental help and support, I would have lost my home. Several things spiralled out of control, and I am pleased to say that I am now back on track."



## Patron

Nigel Atkinson Esq HM Lord-Lieutenant of Hampshire

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## Our grateful thanks to our Trinity Advocates

Dr Penelope A L Gordon, The Revd. Philip Krinks, Simon Hayes, Louise Harfield, Professor David Warwick, Josie Latouf, Christine Atkinson, Jane Hands, David Walton, Ann Hauser, John Craig, Tamsyn Warde

We wish to thank Tamsyn Warde for the wonderful photographs which we have been able to use in this review.

Quotes and case studies are not attributable to the people in the photographs.



**trinity**  
winchester  
support change aspire

## Accessing our Services

If you are in need of our support, or would just like to talk to us, please either drop in during opening hours or call 01962 842827

## Opening Hours

Monday to Friday	8.30am – 4.00pm
Group activities	10.00am – 4.00pm
Women's Service	10.00am – 4.00pm

## Contact Us

Main Office 01962 842827

Email [admin@trinitywinchester.org.uk](mailto:admin@trinitywinchester.org.uk)

[www.trinitywinchester.org.uk](http://www.trinitywinchester.org.uk)

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